



GUIDELINES AND COMMITMENTS FOR 2017-2018

1. PROPOSALS OF THE MAJOR RECTOR AT THE 7TH INTERNATIONAL CONGRESS OF MARY HELP OF CHRISTIANS (Turin-Colle Don Bosco 6-9 August 2015)

"I am convinced that this Congress represents for our Salesian Family a moment of grace to announce the "Gospel of the Family", highlighting its beauty, role and dignity. In particular, looking at the fatherliness of Don Bosco, as he lived the family spirit of the first oratory, we will experience clearer and stronger growth in our identity." (Don Angel Fernández Artime, Rector Major)

1.1 "**From the House of Mary to our Homes**": we seek to create in our groups and families a network of authentic relationships, co-responsibility and communion, inspired by Don Bosco's family spirit. Reason, religion, and loving-kindness can be expressed as *dialogue, love for one another and presence of God*.

In particular, it is necessary to promote programmes for **younger couples** in their early years of marriage and educational responsibility.

The reference to the "House of Mary" refers to the charismatic bond of the Association with the **Shrine of Mary Help of Christians in Valdocco**, Turin (cf. art 9 of the Regulations), with which the bonds of communion and animation of devotion to Mary Help of Christians are growing, recognizing popular piety as a privileged place of missionary spirit and evangelization.

1.2 Youth Ministry and Family Ministry

Don Bosco dreamed of a movement of people for the young. We are also called to ensure that youth ministry is increasingly open to family ministry. We need to journey with families, accompany them in the complex situations that they face, identifying new ways and common strategies to support parents in their educational engagement.

We need to promote Youth ADMA in relation to families.

1.3 As a Salesian Family:

- We promote sharing, complementarity and co-responsibility between the vocation to marriage and vocation to consecrated, missionary and priestly life, by encouraging the sharing of experiences and planning together, so that different sensitivities become richer for the benefit of the young.
- We share and value the experiences and proposals already in place in the various groups of the Salesian Family regarding Family Ministry, promoting them as new concrete forms of realization of the same charism.

- We get involved in and participate in the Advisory Body of the Salesian Family at local, provincial and national levels., seeing it as a way of getting to know each other, building communion and collaboration, and as a sign of our belonging to the same charismatic reality.

2. LEADERSHIP AND ANIMATION OF LOCAL GROUPS

Continuing the path already followed, it is necessary to plan ADMA formation programmes at provincial or national level in order to promote knowledge of the Rules in the light of the Commentary (Third Notebook of Mary Help of Christians).

The following documents have already been drawn up:

- The Salesian Family Identity Card
- General Presentation of ADMA
- ADMA Families
- Youth ADMA
- Identity and role of the **local council** in order to empower lay people in the complementarity of different states of life,

A key point is the contact, formation and accompaniment of SDB and FMA spiritual animators at provincial, regional and national levels.

Another aspect is the relationship with SDB and FMA Provincials, in particular the presentation of ADMA to newly appointed provincials.

2. Events of the year 2017-2018

- 7-10 September 2017: ADMA National Congress in Brazil
- 30 September 2017: Beatification of the martyr Titus Zeman in Bratislava (Slovakia)
- 15 October 2017: Election of ADMA Primary Council.
- 27 November and 1 December 2017: International Youth and Family Ministry Congress in Madrid.
- 18-21 January 2018: Spirituality Days of the Salesian Family in Rome
- 8 June 2018: 150th anniversary of the Consecration of the Basilica of Mary Help of Christians
- In the coming year, meetings are planned by the Salesian Family Secretariat for the SDB Delegates in the following regions: America (Brasilia and Guadalajara) - Europe (Rome and Cracow) - Africa.

Preparation at Church level and in the Salesian Family for the **Fifteenth Ordinary General Assembly of the Synod of Bishops in October 2018 on the topic: "Young people, faith and vocational discernment"**.

Preparation for the 150th anniversary of ADMA (18 April 2019) and the Eighth International Congress of Mary Help of Christians (Argentina, November 2019)

3 FORMATION PROGRAMME 2017-2018

In keeping with the Rector Major's Strenna for 2018

"Sir, give me this water" (Jn 4:15)

LET US CULTIVATE THE ART OF LISTENING AND ACCOMPANIMENT.

We want to develop this theme from a spiritual-educational perspective: how to live and promote the spiritual journey of the members of ADMA, making use of the presentation of the text of the **Introduction to the Devoted Life of Saint Francis of Sales**, with the guidance of Fr Gianni Ghiglione, SDB, an expert on Saint Francis of Sales. These are the topics that will be reviewed and published monthly on ADMAonline.

1. What is the Philothea or Introduction to the Devout Life?
2. The first steps of the journey
3. Means to continue the choice up to the solemn promise
4. Virtues: patience and humility
5. Salesian gentleness
6. Poverty
7. Chastity
8. Friendship
9. Temptations and care of the spiritual life
10. The heart of Francis de Sales

4. ORGANIZATION OF THE ASSOCIATION

4.1 The Register of the Association

We will continue and update the mapping process of the groups of the Association in order to have a more objective knowledge of the situation of ADMA in various parts of the world. We want to enhance the role of secretaries of local and provincial councils in caring for the following aspects: decree of erection - diploma of aggregation - chronicle of groups – minutes of meetings - lists of member ...

We want to create contacts with the presidents of the provincial and national councils.

4.2 ADMAonline

ADMAonline is published in PDF format (mainly for use on notice-boards of the Association) and in text format for use in group meetings, for prayer animation and to make known the life of the Association at world level. It is gaining more attention and become more widespread. This instrument is becoming more and more important in sharing formation programmes and fostering communion between the groups of the Association.

4.3 Website and other means of communication

ADMA Primary has an official website www.admadonbosco.org to promote communion among the different groups around the world by sharing documents and formation materials and ways of helping the groups to get to know each other.

Developing websites should become a form of animation especially for local groups.

4.7 Current account and bank transfer ADMA

A.D.M.A.

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Current account at Banca Prossima (05000 - Branch of Milan)

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