

_____’s Personal Plan of Life 2019

God and Mary Help of Christians	The Association and the Salesian Family	Poor Youth and Families	Self
<ul style="list-style-type: none"> • Daily Mass • Daily Rosary • Weekly <i>Lectio</i> or Faith Sharing • Regular schedule for Confession • Pray the Cooperator Daily Entrustment • Read on the Preventive System • Or... 	<ul style="list-style-type: none"> • Be actively present at all Center meetings • Participate well in gatherings offered by the Salesian Family • Contribute more time, talent, & treasure • Wear my Cooperator pin every day • Meditate daily on one article (Statutes and Regulations) of the PVA • Or... 	<ul style="list-style-type: none"> • Investigate the needs around me • Read the Synod on Youth Document • Become a catechist in a poor parish • Serve at a soup kitchen • Or... 	<ul style="list-style-type: none"> • Take up a new hobby • Make Sunday Sunday! • Cultivate a garden • Walk a half hour daily • Make peace with... • Or...

“Taking on a specific way of living the Gospel” (*Statutes*, Article 2) means for the Salesian Cooperators to know and to live out the *Project of Apostolic Life* in their life. Making a personal plan means putting oneself at the beginning of a process of welcoming the plan which God has on you for, in this way, His plan becomes your plan. ***Making one does not serve, principally, as a search for your own realization, but as a welcoming of your vocation, a concretization of the gift of yourself, and the assumption of responsibility for your choices.*** For this reason, it is very useful to write it down so that you will be able to verify it along the course of your path of growth.

You may wish to review: Statutes Articles 2, 7, 11, 19, 20, 23, 29, 30, 41

's Center's Plan of Life 2019

God and Mary Help of Christians	The Association and the Salesian Family	Poor Youth and Families	Self
<ul style="list-style-type: none"> • Pick a source for Advent and Lenten preparation: <i>Dynamic Catholic, Magnificat...</i> • Pray daily <i>O Mary, Most Powerful Virgin</i> • Organize a parish/Center/area celebration for May 24 • Or... 	<ul style="list-style-type: none"> • Study the documents from World Congress V • Support economically those representing the Center at “Forming the Formator” • Reach out to those estranged from the Center • Celebrate the Feast of St. John Bosco in the parish in Chicago • Or... 	<ul style="list-style-type: none"> • Have a speaker share about the situation of local youth and families • Begin to address those needs: <ul style="list-style-type: none"> - a Sunday Oratory for poor children - after-school tutoring - discuss with the Pastor how to reach out to parents • Or... 	<ul style="list-style-type: none"> • Recognize and foster each other’s gifts and talents • Share resources that have helped you grow in human, Christian, and Salesian dimensions • Train in public speaking • Or...

Their common apostolic Vocation and membership in the same Association makes Salesian Cooperators spiritual brothers and sisters. They joyously take part in the “family life” of the Association through getting to know each other, growing together, exchanging faith experiences, and working on apostolic projects. The Salesian Cooperator feels responsible for the common mission and carries it out according to his or her own conditions in life, competencies, and possibilities, giving it valuable and substantial support. He or she shares educative and evangelizing co-responsibility in the Association. Each Cooperator must participate in the meetings for programming and evaluating the various activities and in choosing those who will undertake specific responsibilities. If called to take on particular responsibilities, he or she commits him or herself to carry them out with fidelity and in a spirit of service. [The Association] is a bearer of the common Salesian Vocation and shares responsibility for the vitality of Don Bosco’s project in the Church and in the world. They have a strong sense of communion with the other members of the Salesian Family. See *Statutes*: Articles 4, 5, 6, 12, 20, 22, 23; *Regulations*: Articles 4, 5, 6, 7, 8, 21, 22