



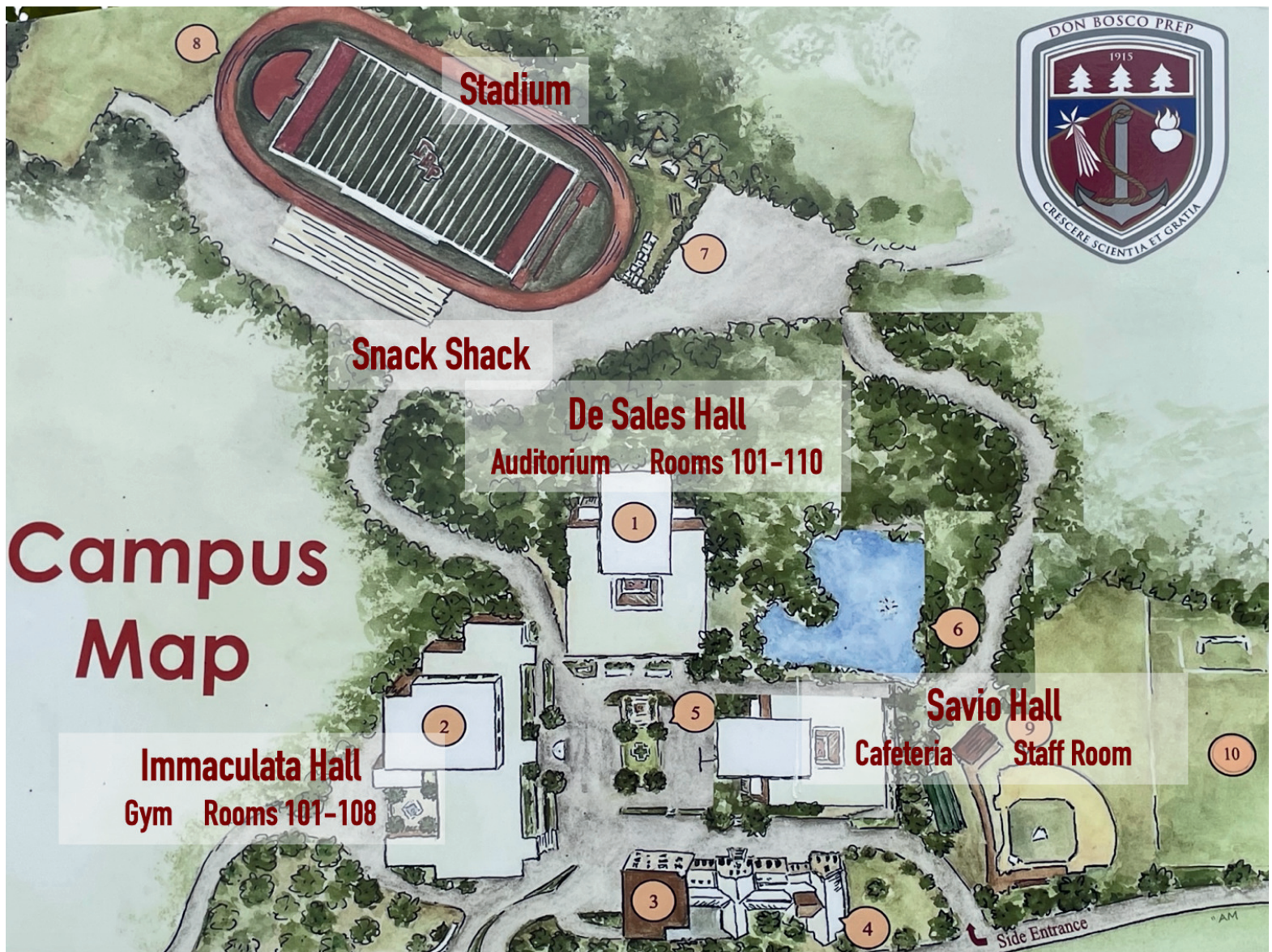
*Out of Darkness and  
into His Marvelous Light:  
The Joy of Love!*

# **Program and Souvenir Booklet**

**SALESIAN FAMILY FESTIVAL 2023**

# DON BOSCO PREP

## HIGH SCHOOL



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## MAIN EVENT SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u>	<u>SITE</u>
4:30 - 7:00 pm	Registration	Upper Level
4:00 - 5:00	Supper for Staff & Speakers	Upper Level
5:00 - 6:45	Picnic Supper for purchase	Upper Level
7:00	Welcome & Introduction	Quad
7:30	Procession with the Blessed Sacrament	Quad
8:00	Exposition & Adoration	Stadium
8:45	Good Night & Benediction	Stadium
9:00	Perpetual Adoration of the Blessed Sacrament	Sacred Heart Chapel
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe/Savio 3rd floor
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "God's Infinite Mercy"	Stadium
9:20	Session 1: "Delve into the Sacred Beauty of Marriage"	Stadium
10:25 - 11:25	Session 2: "Overcoming Gender Dysphoria" / "Parental Rights"	Stadium
11:00 - 11:30	Lunch: Group #1 (vendors/workshop presenters/ministry/vocation)	Savio 3rd floor
11:35 - 12:05	Lunch: Group #2 (families with children) - Booths open - Workshop A	Cafe/Gym/Classrooms
11:35 - 12:35	Workshop C	Classrooms
12:05 - 12:35	Lunch: Group #3 - Workshop B	Cafe/Classrooms
12:35 - 1:05	Lunch: Group #4 (Young Adults)	Cafe
12:40 - 1:40	Workshop D	Classrooms
1:05 - 1:35	Lunch: Group #5	Cafeteria
1:45	Session 3: Concert: "Muck Daddy: A Story of Forgiveness"	Stadium
2:20/2:50	Break (Vendor/Ministry/Vocation Booths open)/Parents pick up children	(Gym)/Lower Field
3:00	Holy Mass, Our Lady of the Rosary, Bishop Kevin Sweeney presiding	Stadium
4:45	"Be Who You Are and Be That Well: To Him You Are Enough"	Stadium
6:00	Family Oktoberfest (supper for purchase)	Upper Level
	Vendor/Ministry/Vocation Booths open	
	Informal Meet & Greets with Salesian Family Members	
7:30	"Forged in Fire: The Power to Remake You & Evangelize the World"	Stadium
8:30	Holy Spouses Rosary	Stadium
9:00	Good Night	Stadium
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 8:00 am	Light Snack at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe/Savio 3rd floor
8:30	Holy Mass: XXVII Sunday in OT: Bishop John Bonnici, presiding	Stadium
10:05 - 11:55	Brunch - Booths open - Family Time "in the Park"	Cafe/Gym/Lower Field
10:05 - 11:05	Brunch for Families with children	Cafeteria
11:20 - 11:50	Workshops (children have their own offerings)	Classrooms
11:55 - 12:50	Children rejoin their families for "Becoming Eucharistic Disciples"	Theater
Noon - 12:30	(Brunch for Vendors/Ministry & Vocation Personnel)	(Cafeteria)
1:00 - 1:50	"The Making of the <i>Matrix</i> "	Theater
2:00	Keynote: "Immaculée's Story of Faith, Hope, and Forgiveness"	Stadium
3:00	Adoration & Benediction	Stadium
4:00	"Good Night" - Commissioning - Sending Forth	Stadium
	<i>Nota bene:</i> Subject to change	Stadium

## YOUNG ADULT SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u>	<u>SITE</u>
4:30 - 7:00 pm	Registration	Upper Level
4:00 - 5:00	Supper for Staff & Speakers	Upper Level
5:00 - 6:45	Picnic Supper for purchase	Upper Level
7:00	Welcome & Introduction	Quad
7:30	Procession with the Blessed Sacrament	Quad
8:00	Exposition & Adoration	Stadium
8:45	Good Night & Benediction	Stadium
9:00	Perpetual Adoration of the Blessed Sacrament	Sacred Heart Chapel
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafeteria/Savio 3rd floor
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "God's Infinite Mercy"	Stadium
9:20	Session 1: "Fame & Keeping the Faith: The Papal Ninja Speaks"	Stadium
10:25 - 11:25	Session 2: "The Magic of Forgiveness"	Theater
11:00 - 11:30	Lunch: Group #1 (vendors/workshop presenters/ministry/vocation)	Savio 3rd floor
11:35 - 12:05	Lunch: Group #2 - Vendor/Ministry/Vocation Booths - Workshop A	Cafe/Gym/Classrooms
11:35 - 12:35	Workshop C	Classrooms
12:05 - 12:35	Lunch: Group #3 - Workshop B	Cafe/Classrooms
12:35 - 1:05	Lunch: Group #4 (Young Adults)	Cafe
1:10 - 2:15	"Engaging the LGBTQ+ Issue with Truth and Grace"	Classrooms
2:20	Break (Vendor/Ministry/Vocation Booths open)	(Gym)
3:00	Holy Mass, Our Lady of the Rosary, Bishop Kevin Sweeney, presiding	Stadium
4:45	"Be Who You Are and Be That Well: To Him You Are Enough"	Stadium
6:00	Oktoberfest & Theology-on-Tap (for purchase) Vendor/Ministry/Vocation Booths open Informal Meet & Greets with Salesian Family Members	Upper Level/Savio 3rd fl Gym Upper Level
7:30	"Forged in Fire: The Power to Remake You & Evangelize the World"	Stadium
8:30	Holy Spouses Rosary	Stadium
9:00	Good Night	Stadium
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 8:00 am	Light Snack at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe/Breakroom
8:30	Holy Mass: XXVII Sunday in OT: Bishop John Bonnici, presiding	Stadium
10:05 - 11:15	Sunday "in the Park" - Vendor/Ministry/Vocation Booths	Lower Field/Gym
11:20 - 11:55	Brunch	Classrooms
12:00 - 12:50	Panel: "Don Bosco's Effect on Me, My Family, and What I Do"	TBD
1:00 - 1:50 A	"Becoming Eucharistic Disciples of Jesus"	Theater
1:00 - 1:50 B	"The Making of the <i>Matrix</i> "	Stadium
2:00	Keynote: "Immaculée's Story of Faith, Hope, and Forgiveness"	Stadium
3:00	Adoration of the Blessed Sacrament	Stadium
3:45	Benediction	Stadium
4:00	"Good Night" - Commissioning - Sending Forth <i>Nota bene:</i> Subject to change	Stadium

## TEEN SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u> <i>Please see the Main Event Schedule</i>	<u>SITE</u>
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafeteria
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "God's Infinite Mercy"	Stadium
9:20	Session 1: "Fame & Keeping the Faith: The Papal Ninja Speaks"	Lecture Hall/Class: TBD
10:25 - 11:25	Session 2: "The Magic of Forgiveness"	Theater
11:35 - 12:05	Lunch: Children to age 18 with their Families	Cafeteria
12:10 - 12:55	"Conservation Through Education"	Quad
1:00 - 1:40	"The Joy-filled Sacrifice of Volunteering" + "Mission Possible"	Classrooms
1:45 - 2:15	Concert - "Muck Daddy: A Story of Forgiveness"	Stadium
2:20 - 2:50	Break/Games (Vendor/Ministry/Vocation Booths open)	Lower Field/(Gym)
2:50	Parents pick up their children	Lower Field
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 11:15 am	<i>Please see Main Event Schedule</i>	
11:20 - 11:50	"Made for Love"	Classrooms
11:55	Children Rejoin their Parents for the rest of the day	Theater

## PRE-TEEN SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u> <i>Please see the Main Event Schedule</i>	<u>SITE</u>
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "The Magic of Forgiveness"	Theater
9:20	Session 1: "Mission Possible"	Classrooms
10:25 - 11:25	Session 2: "Conservation Through Education"	Quad
11:35 - 12:05	Lunch: Children to age 18 with their Families	Cafeteria
12:10 - 12:55	"Studio 3:16"	Classrooms
1:00 - 1:40	"Uncle Bernie's Bees"	Classrooms
1:45 - 2:25	"Choosing to Be a Good Friend"	Classrooms
2:30 - 2:50	Break/Games	Lower Field
2:50	Parents pick up their children	Lower Field
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 11:15 am	<i>Please see Main Event Schedule</i>	
11:20 - 11:50	"Becoming an Ambassador for the Holy Family" (Rosary-making)	Classrooms
11:55	Children rejoin their families for the remainder of the day	Theater

## GRADES 3-5 SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u> <i>Please see the Main Event Schedule</i>	<u>SITE</u>
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "The Magic of Forgiveness"	Theater
9:20	Session 1: "Choosing to Be a Good Friend"	Classrooms
10:25 - 11:25	Session 2: "Uncle Bernie's Bees"	Classrooms
11:35 - 12:05	Lunch: Children to age 18 with their Families	Cafe
12:10 - 12:55	"Studio 3:16"	Classrooms
1:00 - 1:40	"Conservation Through Education"	Quad
1:45 - 2:25	"Saints in the Making"	Classrooms
2:30 - 2:50	Break/Games	Lower Field
2:50	Parents pick up their children	Lower Field
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 11:15 am	<i>Please see Main Event Schedule</i>	
11:20 - 11:50	"Becoming an Ambassador for the Holy Family" (Rosary-making)	Classrooms
11:55	Children Rejoin their Parents for the rest of the day	Theater

## PRE-K - 2ND GRADE & FAMILY UNITS SCHEDULE

<u>FRIDAY</u>	<u>PRAYER VIGIL FOR OUR FAMILIES &amp; THE WORLD</u> <i>Please see the Main Event Schedule</i>	<u>SITE</u>
<u>SATURDAY</u>	<u>OUT OF DARKNESS &amp; INTO HIS MARVELOUS LIGHT</u>	<u>SITE</u>
6:30 - 7:45 am	Registration	Upper Level
7:00	Breakfast at Bosco for hotel guests & at the Shrine for Shrine guests	Cafe
8:00	Welcome & Introduction	Stadium
8:15	Keynote: "The Magic of Forgiveness"	Theater
9:20	Session 1: "You Can Be a Saint"	Classrooms
10:25 - 11:25	Session 2: "Uncle Bernie's Bees"	Classrooms
11:35 - 12:05	Lunch: Children to age 18 with their Families	Cafe
12:10 - 12:55	"The Saints: Our Heavenly Friends"	Classrooms
1:00 - 1:40	"Be a Good Neighbor"	Classrooms
1:45 - 2:25	"Conservation Through Education"	Quad
2:30 - 2:50	Break/Games	Lower Field
2:50	Parents pick up their children	Lower Field
<u>SUNDAY</u>	<u>LIVING SUNDAY AS A FAMILY: THE JOY OF LOVE</u>	<u>SITE</u>
7:30 - 11:15 am	<i>Please see Main Event Schedule</i>	
11:20 - 11:50	<i>Blessed</i> by Dynamic Catholic	Classrooms
11:55	Children rejoin their families for the remainder of the day	Theater



## PARENTING THE “DON BOSCO WAY”

BY Fr. Peter Gonsalves, SDB

*Father Peter Gonsalves of the Mumbai Salesian Province is currently the Dean of the Faculty of Social Communication Sciences(FSC) at our Salesian Pontifical University [Università Pontificia Salesiana (UPS)] in Rome. The Salesian Rector Major appointed Father Gonsalves the FSC dean on September 24, 2015. He is the first non-European to hold that post in FSC, which was established in 1988. Gonsalves pioneered media education in India since 1984. He is a communication research analyst of Mahatma Gandhi’s sartorial/nonverbal communication.*

*On April 12, Pope Francis appointed him as one of thirteen new consultants for the Vatican’s Secretariat for Social Communications. N.B. – Fr. Peter has assigned new terms to the traditional ones of the “Preventive System of St. John Bosco.” The term “Rapport” replaces that of “Loving-Kindness” in the familiar trinomial of: “Reason, Religion, and Loving-Kindness”. “Rapport” is the “third ‘R’” of Fr. Peter’s trinomial. Further, he gives new nomenclature to our familiar “Preventive System,” calling it, instead, the “Expressive System of St. John Bosco.” Last, he denotes “Salesian Assistance” as “Presence.”*

### Part I

Parenting is one of the most challenging tasks facing 21st century parents. Their homes are suddenly bereft of walls as they find themselves and their children exposed to ideas and opinions that blow in from all corners and that seldom take responsibility for the consequences they have in the lives of their recipients.

In this six-part article I wish to present very briefly the educational principles of Don Bosco (1815-1888) – that saint of the Catholic Church acclaimed by John Paul II as ‘father and teacher of youth’, on whose educational philosophy nearly 2500 initiatives for young people all over the world have their foundation. I present these articles as an educator in the hope that parents of all religions and cultures may benefit from the wisdom of Don Bosco – a wisdom, to which, so many millions of ex-students across the world look back in gratitude.

The pedagogy of Don Bosco may be re-titled for our times as the ‘pedagogy of expression’ because it is a system of education that is designed to enable the child grow fully and freely into the kind of person he or she is ‘meant’ to be. Don Bosco himself called his educative method ‘the preventive system’ – a name he chose to contrast it with the ‘repressive system’ in vogue during his time. The latter was a type of education that used fear of punishment as the basis for control. In contrast, Don Bosco’s preventive method would seek to ‘prevent’ the very need for punishment by placing the child in an environment in which he/she is encouraged to choose the ‘good’ rather than the ‘bad’. In positive terms, this environment would create a healthy, congenial and friendly atmosphere in order to elicit the best that the child has to offer – the child’s complete self-expression.

### The Repressive Method

The repressive method of education – which Don Bosco abhorred - is a style of parenting used so often by many parents even to this day. This is probably due to ignorance, or confusion, or often in sheer exasperation at not being able to cope with the challenges of parenting and family life. It seeks to maximize control over children, to keep a ‘safe distance’ between parent and child, to dictate laws that are followed up by harsh punishments. Looked at closely, such a system of education sees in the child a potential threat to parental authority. Parents who lack self-esteem tend to use precisely such a method in order to exercise control over their children. It may seem to work – things do get done – but only up to a point. Children act out of fear, not by conviction. Children obey simply because they are scared to disobey.

When fear dominates a parenting relationship, the child’s growth to maturity is seriously affected. Comparisons become the norm. Self-esteem and self-confidence disappear. Dishonesty thrives. Living up to others’ expectations matters most. Children wear masks. Dependency increases. Enthusiasm disappears. Children brought up in such a climate are never sure of themselves. And if they happen to succeed, their success is a performance to their parents’ tune.

It is also important to note here, that the consumerist culture has spawned more benign forms of the same repressive method of education. It consists, not in instilling fear, but in using a type of control mechanism that is based on one’s ‘purchasing power’. The parents ‘buy’ the obedience of their children through the lavishing of expensive gifts and tempting promises.



This is a form of repression that was unheard of in Don Bosco's time – but is nevertheless subtly dangerous. Here again things get done, but never for the right reasons. The child develops a propensity for greed and selfishness. He/she begins to believe that the only way to living successfully is by 'having' more. Only later the pampered child will have to face the bitter truth, that success from having things does not, of itself, bring happiness.

## **Part II**

Don Bosco insists that at the base of a healthy system of education is the establishment of an open and positive environment. His system of education may be compared to a healthy, sturdy tree that generously spreads itself high and wide, because it is also solidly rooted in the earth.

The roots or the invisible principles of Don Bosco's 'system of expression' are 'Rapport', 'Religion' and 'Reason', while the trunk or visible body of this educational method is 'Presence'. These are the four principles of his educational system. It is hoped that parents of all creeds and cultures will find in them a lighthouse of wisdom to take them through the storms and tempests of daily parenting.

### **RAPPORT**

If an open environment is crucial to the learning process, establishing a relationship is its indispensable foundation. We learn faster from people we love. We learn faster because we are loved. An atmosphere of trust and acceptance is the key to healthy growth. This is the place for parents to begin – love between each other and love for their children.

But how do parents establish rapport? The guiding principle, Don Bosco advocates, is to start by establishing a strong bond of togetherness: "Love what your child loves, so that your child may love what you love". What is being proposed is a method that starts from what fascinates children: games, music, fantasy, sports... In no way does it mean buying more toys or getting your child registered in more activity and competitions... It simply means being interested in the things that interest your children. Don Bosco said, "It is not enough to love the children; the children must know that you love them." This is realized in your concern for their interests.

But this time and energy on "loving what they love" or "letting them know you love them" is for a purpose, that is, that they may love what you love, that they may begin to value the things that you as a parent value. Very often, we adults tend to force down values on our children – we want them to hard work, to study, to show greater responsibility, to pray, to be punctual, to be honest... Unfortunately, we want them to live by these values that we cherish without first ensuring that we establish a relationship of trust with them. Don Bosco's advice 'to love what they love so that they love what you love' emphasizes that important link between the 'parent-child relationship' and the 'parental demand'. For him, the relationship is chronologically first and is as important as the demand to live by values. 'My parents are my best friends' is one of the rare compliments parents can ever receive from their children. Within such a trusting relationship, children are almost always ready to listen and to live by the values their parents want them to follow. Arriving at this depth of confidence, every parent will know, requires much time, patience, and humility.

How does one prepare the ground for building confidence?

*Listening:* In order to love what young people love, parents must first listen to the things they are saying, to the things they are not saying, to the things they are afraid to say, and to the things they themselves take for granted. Observation and good listening skills are important because they will help parents to discover and anticipate their children's needs.

*Availability:* Reaching out to where young people feel most at home is a sure way to gain their respect and love. This means spending time, being with them in their play and encouraging them in what they value.

*Appreciation:* The task of 'drawing them beyond themselves' [i.e. *educere* (Latin), to draw forth] is firmly founded on an appreciation of who they already are. This means encouraging them to feel proud of themselves, their physical traits, their interests, and their talents. This also means not comparing them with others - a common temptation for most parents. Appreciation demands an acceptance of children as they are so that they learn self-acceptance and develop a healthy self-esteem, which is the foundation for mature living.

*Creativity:* Since love is full of surprises, parents will endear themselves to their children with a lively and creative eagerness to surprise them and thereby sustain their enthusiasm for living. Picnics, excursions, encouraging initiative, development of talents - these are all essential parts of education. They encourage creativity, reinforce positive self-esteem, foster participation and sharing and keep alive family togetherness.

## Part III

### RELIGION

Today it is so easy to be swayed by mass media presentations of happiness. Wealth, influence, fame, appearances – these are popular criteria for success. Parents are influenced by these superficial interpretations of life and they often induce their children to join the frantic chase for the pot of gold and glamour.

Don Bosco, instead, points to the root cause of genuine happiness: an ardent following of the will of God as we daily live our lives in faith and according to a moral plan. Love of God and love of neighbor begin in the home at family prayer. One of the peak moments of family togetherness is the time each family sets aside to worship, praise, thank and petition God. Only in this manner will parents be able to foster in their children a relationship that goes beyond ‘feeling good’ in each other’s company to ‘being-fully-in-communion’ with each other and the surrounding world. Indeed, Don Bosco’s is an educative system that is deeply centered around family togetherness - one that is tested on its knees.

But one may object. Isn’t human rapport sufficient? Why talk of religion with my children when today, more than ever before religion is being seen as a means to divide humanity? Is not an education to a deep love for humanity enough?

The objection is valid, considering the way all religions have had their share of fanatics and fundamentalists who are ready to kill in God’s name. The fear of religion turning into an instrument of hate is indeed a real possibility if it ignores reason - which is why Don Bosco gave equal importance to the use of ‘reason’ alongside ‘religion’, a point we will discuss in the fourth section of this article.

True religion, the type understood by Don Bosco, is one that brings out the best in our human nature in order to direct it to a more perfect loving, and a more generous way of living. Applying this principle to family life, parents would have to confront some fundamental questions: What is the guarantee that the love parents have for their children is not actually a camouflage for some pet affection that is profoundly tainted by their self-interest? Many parents think they want the best for their children but end up forcing them to be dream-copies of some unfulfilled personal fancy. Or, how sure can parents be that their child - the joy of their conjugal bliss and fruit of years of sacrifice - will not some day, by some terrible turn of events, become for them ‘the curse of their aged lives’? God alone knows!

And, yes, God does know. That is why for Don Bosco, education cannot be reduced to a purely secular humanitarian pedagogy. It has to go much deeper. For him, true education is a spirituality that seeks to inculcate in the heart and the mind of the child a profound sense of confidence in God’s unconditional love for humanity. True education opens children to an appreciation for life, to a sense of duty and to the challenge of generous service.

**Life:** Parents are to make efforts at being life-enhancing, never life-negating. Young people tend to live life as a feast. Music, theatre, dance, games, sport, art, crafts - these are all ways of living life’s celebration and they have an important place in a child’s life. But, equally important are life-enriching attitudes such as gratitude, praise, joy, optimism, mutual encouragement, reverence for creation, interpersonal respect, and sensitivity to peace, tolerance and justice. In the process of learning and growth, ideas, talents and energies are all important. Nothing is wasted, no person is taken for granted. Each one respects the other and earns the respect of the other. Ways to overcome difficulties and challenges are sought through trust, participation and forgiveness in a spirit of family togetherness.

**Duty:** There is more to life than fun and festivity. The bitter pill that children have to learn to swallow is dedication to duty. ‘As you sow, so shall you reap’. Investment of time in study, in dedication to ‘doing one’s duty’ and doing it well, are tasks to be accepted cheerfully as ‘God’s Holy Will’. It is a Will that matures as it disciplines, that redounds to one’s own growth and improvement. Routine is an essential part of this discipline, just as hard work and perseverance are. Young people find these hard to accept as they are caught up in today’s techno-media culture which thrives on sensationalism, which tantalizes and entices through ever newer gimmicks and marketing tricks. The call to duty, however, is irreplaceable and there is no shortcut to happiness. It is worth recalling Don Bosco’s advice to the fervent Dominic Savio who wanted to ‘achieve’ holiness through a list of sacrifices and mortifications: “For us holiness simply means doing one’s daily duty cheerfully.” One has only to begin implementing this principle through the minute-by-minute sequences of each day to realize the challenge of its hidden austerity.

## **PART IV**

### **REASON:**

Don Bosco introduced reason as one of the three important pillars of his educational system because he saw its potential as the factor that balances love on the one hand and faith on the other. Reason safeguards a relationship based on love from degenerating into mere sentimentality or anarchy. Reason also supplies the necessary equilibrium that preserves a believer's faith from fundamentalism. The objection raised in the previous section of this article - about religion spawning a brood of fanatics - is very real, precisely when the believer does not sufficiently develop the capacity to believe intelligently.

How can reason be used effectively in the difficult art of parenting? It provides the parent with an excellent disciplinary means to lay down rules for behavior and to ensure that they are followed without having recourse to punishments.

How is this possible?

Becoming a parent is not merely a biological rite of passage that appears natural to many. Becoming a parent also means cultivating a depth of self-knowledge and self-acceptance as the precondition for knowledge and acceptance of spouse and children in marriage and family life. For instance, a father who is unhappy with who he is, is unlikely to be happy with who his wife is or who his children are. This basic lack of self-acceptance is the spark that easily ferments dissension and dissatisfaction in the home.

On the other hand, parental self-knowledge and self-acceptance is the basis on which realistic and effective rules may be drawn up to safeguard a genuine, all-round development in children.

Here are some important tips to keep the rules 'reasonable'.

1. Keep them few or you will curtail spontaneity.
2. Keep them simple.
3. It is best to involve the child in their formulation - especially if they have reached age 7, the 'age of reason'. This will help them to understand the 'purpose' of the rule.
4. Communicate them clearly with tactful reminders from time to time. (Keeping in mind that children are by nature forgetful)
5. Rules have functional value. They are but an aid to fulfill a purpose outside themselves. It is important to see the larger picture, especially when rules are broken.
6. Rules must be implemented with firmness – though occasional flexibility does help.
7. If you were in your child's place would you yourself practice the rule you have made? If your answer is 'no', you have some re-thinking to do.

When rules are made without proper understanding, self-knowledge or knowledge of the child, parents may err by using these same rules as defenses behind which to conceal their own insecurities and complexes. Parents who do not know or accept their children as they are may tend to enforce rules that are foreign to the psychological make-up of the youngsters. Nagging or constant reminders of moments when rules were broken is a misuse of the gift of reason. Nagging can hinder a healthy parent-child relationship and can stifle growth.

Don Bosco's conviction of the importance of rules in the education of young people has to be seen within the context of the two other principles of his educative system, which we have already mentioned, viz, rapport and religion. Only when all three principles are balanced will self-expression and freedom to grow take place. Parents will be happy to be with their children, just as children will feel at home in the company of their parents. The blending of Rapport, Religion, and Reason in family education guarantees the full growth and development of the child.

## **Part V**

### **PRESENCE**

The three R's, of Don Bosco's system of Education, namely Rapport, Religion and Reason are not three separate principles. They are parts of the one nurturing tree that fosters growth through the indispensable presence of the parents. This 'presence' of the parent in the life of the child is the epitome of Don Bosco's educative system.

Strangely, the demands of a work culture, the craze for upward economic mobility and the desire to live above one's means seem to make 'presence' a rare commodity for parents today. They are not easily available to their children. Thus a mother is substituted by the grandmother or a baby-sitter, the father becomes a visiting uncle, and the 'missing presence' is replaced by teddy bears, Barbie dolls, toy AK 47s and of course, the friendly TV.

But, presence in the sense of being physically in a room is not enough. For rapport, religion and reason to be truly lived out with one's children, parents have to be present in a way that is qualitative. This calls for a type of presence that has the following characteristics:

1. A motivating presence – one that infuses enthusiasm, encouragement and is optimistic. The presence of the parent infuses in the child a thirst for knowledge through the tactful use of queries, experiments, and exposure to new and educative environments.
2. A personal presence: The presence of the parent is such that each child feels known, loved and accepted. This is all the more essential when relating to children having different levels of intelligence who are weak, handicapped and underprivileged.
3. An incarnational presence: As explained under the section on 'rapport', loving what your children love or 'getting under their skin' has an important purpose: seeing the world through their eyes will make them want to experience the world and the values you live by.
4. A creative presence that is open to the joy of discovery. Life is too rich, too precious, too varied to be experienced between the fine print of cold textbooks or within the walls of classrooms. Being open to discovery means being ready to try new ways, new solutions, and new ideas. Risk is a necessary ingredient of all creative learning.
5. A preventive and corrective presence: Children are apt to forget rules. Being there with them would help prevent exposure to harm. Furthermore, timely reminders do help. But, these reminders must be respectful of the offender. Accusations, name-calling, sarcasm, lecturing, moralizing and generalizing are to be avoided. Faults are best corrected by being reasonable, polite, factual, firm, and to the point. If corrections do not work, it is usually the manners in which corrections are given that are often to blame. But, there could be other reasons such as frequency, timing, tact and context that may have to be looked into.

A presence that instills fear and punishment does more harm than good. This is humiliating and can be manipulated dangerously by a parent who lacks self-esteem. Punishments are often merely short-term benefits to satisfy the parent's need to take control of a difficult situation. They rarely prove to be helpful in the long run. In his letter to his Salesians, Don Bosco advised:

***"My sons, how often in my long career has this great truth come home to me! It is so much easier to get angry than to be patient, to threaten children rather than persuade them. I would even say that usually it is so much more convenient for our own impatience and pride to punish them than to correct them patiently with firmness and gentleness."*** (Letters of John Bosco, 201)

## **DISCIPLINE**

Don Bosco's abhorrence of the 'repressive system' of education that controlled children by fear of punishments led him to believe that a type of education without punishments was actually possible. The system of expression was born. It is an educational method that seeks to create an environment that is so conducive to an all-round growth that it puts the child in the 'moral impossibility of doing wrong' - just as a doctor would emphasize the practice of preventive health care measures as a necessary requisite for staying healthy.

But if, as a last resort, punishments need to be administered (as indeed sometimes they are inevitable), here are 10 important points for parents to remember.

1. The child has a right to know what is right and wrong, what can be done and what must not be done. Parents should not punish if they have not communicated the rule to the child or have not stated clearly their disapproval of the child's offending action.
2. Do not administer a punishment without giving at least two warnings to the child. This delay will demand greater control on the part of the parents but it will help them to avoid erratic and injurious punishments which could later cause them remorse and guilt.

3. The punishment must be proportionate to the transgression.
4. The timing of the punishment must follow the transgression so that the child will associate the two and not repeat the transgression again.
5. The punishment used must be consistent so that the child will know that whenever a rule is broken, punishment is inevitable. When consistency is maintained, it is enough to signal the first two warnings and children are sure to stop misbehaving.
6. Whatever form of punishment is used, it should be impersonal, that is, the result of violating a rule and not because 'You are bad!'. This will ensure that the child will not interpret the punishment as caused by a personal defect that will lower his own self-worth.
7. Punishment must be constructive so as to motivate good behavior in the future. Physical punishments are not the only type of punishments. Denying the child a favor, or giving an additional amount of work to be completed, can be as effective.
8. Especially when the reason for the punishment is unclear, a brief explanation may help the child to recognize it as fair and just.
9. Punishment must lead to conscience building to help children develop self-determination and inner control.
10. Punishment must never humiliate – neither in words nor in action. It must never be seen as an act of "meanness" or revenge on the part of the parent. Punishments administered in these ways create in the child deep scars of resentment that take years to heal.

Be careful not to give anyone reason to think that you act under the impulse of anger. It is difficult to keep calm when administering punishment. But it is very necessary if you are not to give the impression that you are simply asserting your authority or giving vent to your anger.

Let us look on those over whom we have a certain authority, as sons. Let us be determined to be at their service, even as Jesus came to obey and not to command. We should be ashamed to give the least impression of domineering. We should only exercise authority in order the better to serve the boys.

...There must be no angry outbursts, no look of contempt, no hurtful words. Instead, like true fathers, really intent on their correction and improvement, show them compassion at the present moment and hold out hope for the future.

In serious matters it is better to ask God's help in humble prayer, than to make a long speech that wounds those who hear it and does no good at all to the guilty ones. (Letters of John Bosco, 201 and 205)

## CONCLUSION

The system of education of Don Bosco serves as a wise and time-tested framework for every parent. It is intensively challenging while at the same time amply rewarding. Indeed, parenting – according to the educational method of Don Bosco – is the delicate art of growing with your child. Peter Gonsalves is also the author of *Growing with the Young, Don Bosco's Art of Educating* - in cartoon, *Exercises in Media Education* and *Exercises in Peace Education*.



**BASIC CHRISTIAN PRAYERS and PRECEPTS  
EVERYONE SHOULD KNOW**

**1. The Sign of the Cross (Signum Crucis)**

In the Name of the Father, and of the Son,  
and of the Holy Spirit. Amen.

**2. The Our Father (Pater Noster)**

Our Father, who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done of earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation  
but deliver us from evil. Amen.

**3. The Hail Mary (Ave Maria)**

Hail, Mary, full of grace,  
the Lord is with Thee.  
Blessed art Thou among women,  
and blessed is the Fruit of Thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.

**4. The Glory Be (Gloria)**

Glory be to the Father, and to the Son, and to  
the Holy Spirit; as it was in the beginning, is  
now, and will be forever. Amen.

**5. The Apostles' Creed (Symbolum)**

I believe in God, the Father the Almighty,  
Creator of heaven and earth  
And in Jesus Christ, his only Son, our Lord Who  
was conceived by the Holy Spirit, born of the  
Virgin Mary, suffered under Pontius Pilate, was  
crucified, died, and was buried.  
He descended into Hell. The third day He rose  
again from the dead. He ascended into heaven  
and is seated at the right hand of the God, the  
Father the Almighty. From thence He shall  
come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the Communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
the life everlasting. Amen.

**6. Come, Holy Spirit (Veni, Sancte Spiritus)**

Come, Holy Spirit, fill the hearts of Your  
faithful; enkindle in them the fire of Your love.  
Send forth your Spirit, O Lord, and bring to  
birth a new creation.

**Let us pray.**

You sent Your Holy Spirit, O Lord, to be light to  
the minds and warmth to the hearts of the  
Apostles. Now, by His presence among us may  
our judgment be right and our joy unending.  
Through Jesus Christ our Lord. Amen.

**7. Hail Holy Queen (Salve Regina)**

Hail, holy Queen, Mother of mercy,  
Hail, our life, our sweetness, and our hope.  
To thee do we cry, poor banished children of  
Eve. To thee do we send up our sighs,  
mourning and weeping in this vale of tears.  
Turn then, most gracious advocate, thine eyes  
of mercy towards us, and after this, our exile,  
show unto us the blessed Fruit of thy womb,  
Jesus. O clement, O loving, O sweet Virgin  
Mary. Amen.

**8. Act of Contrition**

O, My God, I am heartfully sorry for having  
offended Thee and I detest all my sins because  
of Thy just punishments; but, most of all  
because they offend Thee, My God, Who art  
all-good and deserving of all love. I firmly  
resolve, with the help of Thy grace, to sin no  
more and to avoid the near occasion of sin.  
Amen.

**9. Act of Faith**

O my God, I firmly believe that you are one  
God in three divine Persons, Father, Son and  
Holy Spirit.  
I believe that your divine Son became Man,  
died for our sins, and that he will come to  
judge the living and the dead.  
I believe these and all the truths, which the  
holy Catholic Church teaches because You  
have revealed them, who can neither deceive  
nor be deceived. Amen.

**10. Act of Hope**

O my God, relying on your almighty power and  
infinite mercy and promises,  
I hope to obtain pardon of my sins,  
The help of your grace, and life everlasting  
Through the merits of Jesus Christ, my Lord  
and Redeemer. Amen.

**11. Act of Love**

O my God, I love you above all things,  
with my whole heart and soul because You are  
all good and worthy of all love.  
I love my neighbor as myself for the love of  
you.  
I forgive all who have injured me and ask  
pardon of all whom I have injured. Amen.

**12. Morning Offering**

O Jesus, through the Immaculate Heart of  
Mary, I offer You all my prayers, works, joys  
and sufferings of this day for all the intentions  
of Thy Sacred Heart, in union with the Holy  
Sacrifice of the Mass throughout the world,  
for the salvation of souls, the reparation for  
sins, the reunion of all Christians, and in  
particular for the intentions of the Holy Father  
this month. Amen.

**13. Guardian Angel Prayer (Angelus Dei)**

O Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide. Amen.

**14. Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, embolden me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within your wounds hide me.  
Never permit me to be parted from you.  
From the evil Enemy defend me.  
At the hour of my death call me  
and bid me come to you,  
that with your Saints I may praise you  
for age upon age. Amen.

**15. Angelus (outside the Easter Season)**

V. The angel of the Lord declared unto Mary,  
R. And she conceived of the Holy Spirit.  
Hail, Mary, ...

V. Behold, the handmaid of the Lord  
R. Be it done unto me according to Thy word.  
Hail, Mary, ...

V. And the Word was made Flesh  
R. And dwelt among us. Hail, Mary, ...

V. Pray for us, O holy Mother of God  
R. That we may be made worthy of the  
promises of Christ.

**Let us pray.** Pour forth, we beseech Thee, o  
Lord, Thy grace into our hearts,  
That we to whom the Incarnation of Christ,  
Thy Son, was made known by the message of  
an angel, may by His passion and Cross be  
brought to the glory of His Resurrection,  
Through this same Jesus Christ our Lord.  
Amen.

**16. Regina Caeli (Easter Season)**

V. Queen of heaven, rejoice, alleluia!  
R. For He whom you did merit to bear, alleluia!  
V. Has risen as He said, alleluia!  
R. Pray for us to God, alleluia!  
V. Rejoice and be glad, O Virgin Mary, alleluia!  
R. Because the Lord is truly risen, alleluia!  
**Let us pray.** O God, Who, by the resurrection  
of Your Son, our Lord Jesus Christ, have  
vouchsafed to make glad the whole world,  
Grant, we beseech Thee, through the  
intercession of the Blessed Virgin Mary, His  
mother, that we may attain the joys of eternal  
life, Through this same Jesus Christ our Lord.  
Amen.

## 17. THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through Him all things were made.  
For us men and for our salvation  
He came down from heaven,  
and by the Holy Spirit was incarnate of the  
Virgin Mary, and became Man.  
For our sake he was crucified under Pontius  
Pilate, He suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and His kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver  
of life, who proceeds from the Father and the  
Son, who with the Father and the Son is  
adored and glorified, who has spoken through  
the prophets.  
I believe in one, holy, catholic and apostolic  
Church. I confess one Baptism for the  
forgiveness of sins and I look forward to the  
resurrection of the dead and the life of the  
world to come. Amen.

## 18. MEMORARE

Remember, O most gracious Virgin Mary, that  
never was it known that anyone who fled to  
thy protection, implored thy help, or sought  
thy intercession, was left unaided.  
Inspired by this confidence I fly unto thee, O  
Virgin of virgins, my Mother.  
To thee do I come, before thee I stand, sinful  
and sorrowful.  
O Mother of the Word Incarnate, despise not  
my petitions, but in thy mercy hear and  
answer me. Amen.

## 19. THE HOLY DAYS OF OBLIGATION

January 1: Mary, Mother of God  
Epiphany: First Sunday after January 1  
Ascension: 7<sup>th</sup> Sunday of Easter  
Corpus Christi: 2<sup>nd</sup> Sunday after Pentecost  
August 15: Assumption of Mary  
November 1: All Saints  
December 8: Immaculate Conception of Mary  
December 25: Christmas

## 20. THE DIVINE PRAISES

Blessed be God.  
Blessed be His holy Name.  
Blessed be Jesus Christ, true God and true  
Man.  
Blessed be the Name of Jesus.  
Blessed be his most Sacred Heart.  
Blessed be his most Precious Blood.  
Blessed be Jesus in the most holy Sacrament of  
the altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary  
most holy.  
Blessed be her holy and Immaculate  
Conception.  
Blessed be her glorious Assumption.  
Blessed be the Name of Mary, Virgin and  
Mother.  
Blessed be Saint Joseph, her most chaste  
Spouse.  
Blessed be God in his angels and in his saints.

## 21. THE JESUS PRAYER

Lord Jesus Christ, Son of God, have mercy on  
me, a sinner.

## 22. O MY JESUS

O my Jesus, forgive us of our sins. Save us from  
the fires of hell. Lead all souls into heaven,  
especially those in most need of Thy mercy.  
Amen.

## 23. PRAYER TO CONCLUDE THE ROSARY

**Let us pray.** O God, whose only begotten Son,  
by His life, death, and resurrection, has  
purchased for us the rewards of eternal life,  
grant, we beseech Thee, that meditating upon  
these mysteries of the Most Holy Rosary of the  
Blessed Virgin Mary, we may imitate what  
they contain and obtain what they promise,  
through the same Christ Our Lord. Amen.

## 24. THE STATIONS OF THE CROSS

**V.** We adore You, O Christ, and we praise You  
**R.** Because by Your Holy Cross, You have  
redeemed the world.

1. Jesus is condemned to death
2. Jesus takes up His cross
3. Jesus falls the first time
4. Jesus meets His Mother Mary
5. Simon of Cyrene helps Jesus carry His cross
6. Veronica wipes the face of Jesus
7. Jesus falls the second time
8. Jesus meets the women of Jerusalem
9. Jesus falls a third time
10. Jesus is stripped of His clothes
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb

## 25. THE MYSTERIES OF THE HOLY ROSARY

### Joyful

The Annunciation  
The Visitation  
The Nativity  
The Presentation in the Temple  
The Finding in the Temple

### Luminous

The Baptism of Jesus  
The Wedding of Cana  
The Proclamation of the Kingdom  
The Transfiguration  
The Institution of the Eucharist

### Sorrowful

The Agony in the Garden  
The Scourging at the Pillar  
The Crowning with Thorns  
The Carrying of the Cross  
The Crucifixion

### Glorious

The Resurrection  
The Ascension  
The Coming of the Holy Spirit  
The Assumption of the Blessed Virgin Mary  
The Coronation of the Blessed Virgin Mary

## 26. THE TEN COMMANDMENTS

1. I am the Lord Thy God: Thou shalt not have  
strange Gods before me.
2. Thou shalt not take the name of the Lord  
Thy God in vain.
3. Remember to keep holy the Sabbath.
4. Honor thy father and mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against  
thy neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

## 27. THE FIVE PRECEPTS OF THE CHURCH

1. Attend Mass on Sundays and Holy Days of  
Obligation and rest from servile labor.
2. Confess your sins at least once a year.
3. Receive the sacrament of the Eucharist at  
least during the Easter season.
4. Observe the days of fasting and abstinence  
established by the Church.
5. Help to provide for the needs of the  
Church.

## 28. O SACRUM CONVIVIVM

O sacred banquet,  
in which Christ is received,  
the memory of his Passion is renewed,  
the mind is filled with grace,  
and a pledge of future glory is given to us.

## PRAYERS FOR FAMILIES

O God, bind together in Your all-embracing love every family on earth. Banish anger and bitterness within them; nourish forgiveness and peace. Bestow upon parents such wisdom and patience that they may gently exercise the disciplines of love, and call forth from their children their greatness, virtue, and their highest skill. Instill in children such independence and self-respect that they may freely obey their parents, and grow in the joys of companionship. Open their ears to hear the truth within the words another speaks; open their eyes to see the reality beneath another's appearance; and make the mutual affection of families a sign of Your reign, through Jesus Christ our Lord. Amen.

## PRAYER FOR PEACE IN OUR HOUSE AND IN THE WORLD

Leader: Don Bosco wanted the Hail Mary said for the grace of removing whatever might disturb inner or outer peace. Through the intercession of Mary, let us ask God for peace in our House and in the world.  
Hail Mary...

## ANOTHER PRAYER FOR FAMILIES

God, Our Father, loving and merciful, bring together and keep all families in perfect unity of love and mutual support. Infuse in each member the spirit of understanding, forbearance, and affection for each other. Keep quarrels, bitterness and pettiness far from them, and for their occasional failures instill forgiveness and peace.  
May the mutual love and affection of parents be a source of loving obedience and discipline. May their chastity and fidelity be an inspiration to their children.  
Instill in children such self-respect that they may respect other, obey their parents and those in authority and grow in mature independence and the tender joys of friendship.  
Make the mutual affection and respect of families a sign of Christian life here and hereafter, through Jesus Christ, our Lord and Savior. Amen

## PRAYER FOR MARRIED COUPLES

O God, who in creating the human race willed that man and wife should be one, keep, we pray, in a bond of inseparable love those who are united in the covenant of Marriage, so that, as you make their love fruitful, they may become, by your grace, witnesses to charity itself. Through Christ our Lord. Amen.

## EXCERPT OF A PRAYER FROM *THE CATHOLIC MARRIAGE MANUAL*

O Mary Mother of grace and of mercy! Protect our marriage against the wicked spirit, reconcile us with Thy Son, commend us to Him, that so we may be made worthy of His promises.

Saint Joseph, foster father of our Savior, guardian of His Holy Mother, head of the holy Family! Be our intercessor, bless our marriage and defend our homes at all times.

Saint Michael, Guard us against all the wicked wiles of hell.

Saint Gabriel, Make us understand the holy will of God.

Saint Raphael, Preserve us from all sickness and all danger to our lives

## CHILDREN'S PRAYER FOR PARENTS

Dear Lord!

Fill our parents with Your choicest blessings: enrich their souls with Your Holy grace; grant that they may faithfully and constantly guard that likeness of Your union with Your Church, which You did imprint upon them on their wedding day. Fill them with Your spirit of holy fear, which is the beginning of wisdom; inspire them to impart it to their children.

May they ever walk in the way of Your commandments and may we their children be their joy here on earth and their crown of glory in heaven.

Finally, Lord God, grant that both our father and mother may attain to extreme old age and enjoy continuous health in mind and body.

May they give You abundant thanks because You have bestowed upon them the great gift of parenthood. Amen.

### *Before meals:*

Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

### *After meals:*

"We give you thanks, Almighty God, for all Your benefits, who live and reign forever and ever. Amen."

## DIRECTION OF INTENTION

My God, I give you this day. I offer you, now, all of the good that I shall do and I promise to accept, for love of you, all of the difficulty that I shall meet. Help me to conduct myself during this day in a manner pleasing to you. Amen

## PRAYER TO ST. MICHAEL

At the intercession of St. Michael and the heavenly choir of the Powers, may God vouchsafe to keep our souls safe from the wiles and temptations of the Devil. Amen.

## PRAYER TO ST. MICHAEL, THE ARCHANGEL

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen.

## PARENTS' PRAYER FOR CHILDREN

Father, I receive, welcome and acknowledge each of my children as a delightful blessing from You. I speak Your blessings upon them and over them. Children, I bless you in the name of Jesus, proclaiming the blessings of God, my Redeemer, upon you. May He give you wisdom, a reverential fear of God, and a heart of love. May He create in you the desire to attend to His words, a willing and obedient heart that you may consent and submit to His sayings and walk in His ways. May your eyes look straight ahead with purpose for the future. May your tongue be as the pen of a ready writer, writing mercy and kindness upon the tablets of your heart. May you speak the truth in love. May your hands do the works of the Father; may your feet walk the paths which He has foreordained for you. I have no greater joy than this: to hear that my children are living their lives in the truth. May the Lord prepare you and your future mate to love and honor one another, and may He grant to your union upright sons and daughters who will live in accordance with His Word. May your source of livelihood be honorable and secure so that you will earn a living with your own hands. May you always worship God in spirit and in truth.

I pray above all things that you may always prosper and be in health even as your soul prospers. ...I know the thoughts and plans that I have for you, says the Lord, thoughts and plans for welfare and peace and not for evil, to give you hope in your final outcome (Jer. 29:11). In the name of Jesus. Amen.

## PRAYER TO ST. JOSEPH FOR ALL IN NEED

Saint Joseph, you who loved Jesus with fatherly love, be close to the many children who have no family and who long for a daddy and mommy. Support the couples who are unable to have children, help them to discover, through this suffering, a greater plan. Make sure that no one lacks a home, a bond, a person to take care of him or her; and heal the selfishness of those who close themselves off from life, that they may open their hearts to love. Thank you. Amen.



### BLESSED IS THE FAMILY

- Blessed is the family whose God is the Lord, and that walks in His Presence.
- Blessed is the family founded on love and whose attitudes, words, gestures, and decisions spring forth from love.
- Blessed is the family open to life, welcoming children as a gift, valuing the presence of the elderly, and compassion toward the poor and suffering.
- Blessed is the family that prays together to praise the Lord, entrusting to Him its concerns and hopes.
- Blessed is the family that lives what ties it together with freedom, allowing everyone the autonomy to grow as a unique individual.
- Blessed is the family that finds time for dialogue, to relax and have fun and to celebrate together.
- Blessed is the family that is not a slave to TV & electronics and that chooses programs of value and meaning.
- Blessed is the family in which differences do not create “drama” but which provide the setting where each one can grow in respect, goodness, and mutual forgiveness.
- Blessed is the family where peace reigns within and among all: therein are found the roots that will nourish world peace.
- Blessed is the family that lives in harmony with the universe, and that commits itself to construct a world that is ever more human.
- Blessed is the family that decides that it is possible to live some of these beatitudes even if it does not recognize itself in all of them.
- Blessed is the family in which life is a joy, being apart brings homesickness, and returning there is a cause for celebration.

### MORNING PRAYER FROM ST. JOHN BOSCO

“Jesus, Mary, and Joseph I give you my heart and my soul.”

“My Lord and my God, I give you my whole heart. I adore you and I love you with all my heart. I thank you for having created me, made me a Christian and preserved me through the night. I offer you all my actions and I beg you to give me the grace never to offend you, especially today.”

### INVOCATION TO OUR LADY BEFORE GOING TO SLEEP – BY ST. JOHN BOSCO

*SAY 3 TIMES, FOLLOWED BY A HAIL MARY*

*EACH TIME: O, Mary, Most Powerful Virgin, help me to save my soul.*

*MARY HELP OF CHRISTIANS, PRAY FOR US. ST. JOHN BOSCO, PRAY FOR US.*

### INVOCATION TO THE HOLY FAMILY

Jesus, Mary, and Joseph, I give you my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with You.

### PRAYER FOR THE FEAST OF THE HOLY SPOUSES

Mary, full of grace, and Joseph, son of David; honor to you, Mother of God, and to you, guardian of the Redeemer. Eternal praise to the Child with whom you formed a family, Jesus. Holy Spouses, pray for us sinners, our families and communities, now and at the hour of our death. Amen.

### PRAYER TO ST JOSEPH

“O most glorious St Joseph, fortunate spouse of Mary, you who merited being the guardian of the Savior of the world, Jesus Christ, and embracing him tenderly already enjoyed heaven in anticipation! Obtain for me from the Lord complete forgiveness of my sins and the grace to imitate your virtues so that I may always walk on the way that leads to heaven. Since you merited having Jesus and Mary around your bed at the point of death and sweetly breathed your last in their arms, I beg you to defend me from the enemies of my soul at the end of my life; so that consoled by the hope of flying with you to possess eternal glory in heaven I may breathe my last pronouncing the Holy Names of Jesus, Mary and Joseph.”

### PRAYER TO THE HOLY FAMILY FROM AMORIS LAETITIA

- Jesus, Mary and Joseph, in you we contemplate the splendor of true love; to you we turn with trust.

- Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches.

- Holy Family of Nazareth, may families never again experience violence, rejection and division; may all who have been hurt or scandalized find ready comfort and healing.

- Holy Family of Nazareth, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God’s plan.

- Jesus, Mary and Joseph, graciously hear our prayer. Amen.

### LITANY OF ST. JOSEPH

Lord, have mercy. **Lord...**

Christ, have mercy. **Christ...**

Lord, have mercy. **Lord...**

Jesus, hear us. **Jesus, graciously hear us.**

God, the Father of Heaven, **have mercy on us.**

God, the Son, Redeemer of the world, **have...**

God, the Holy Spirit, **have...**

Holy Trinity, One God, **have...**

Holy Mary, **pray for us...**

St. Joseph,

Renowned offspring of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster father of the Son of God,

Guardian of the Redeemer,

Servant of Christ,

Diligent protector of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most strong,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of artisans,

Glory of home life,

Guardian of virgins,

Minister of salvation

Pillar of families,

Solace of the wretched,

Hope of the sick,

Patron of the dying,

Support in difficulties,

Patron of exiles,

Patron of the afflicted,

Patron of the poor,

Terror of demons,

Protector of Holy Church,

Lamb of God, who take away the sins of the world, **spare us, O Lord.**

Lamb of God, who take away the sins of the world, **graciously hear us, O Lord.**

Lamb of God, who take away the sins of the world, **have mercy on us.**

He made him the lord of His household, **and**

**prince over all His possessions.**

Let us pray. O God, in your ineffable

providence you were pleased to choose

Blessed Joseph to be the spouse of your most

holy Mother; grant, we beg you, that we may

be worthy to have him for our intercessor in

heaven whom on earth we venerate as our

Protector: You who live and reign forever and

ever. Amen.

## OCTOBER 7, OUR LADY OF THE HOLY ROSARY

### Entrance: Song of Mary by Dan Schutte

Let us sing the praises of Mary,  
daughter of David's holy line,  
she who heard the voice of an angel  
telling the plan of God's design,  
how in wisdom's holy sight  
she would mother heaven's Christ.  
Blessed be the name of Mary,  
she who trusted the love of God.

Let us sing the praises of Mary,  
woman of strong and steadfast love.  
She who raised the Savior of nations  
held in her arms the Son of God.  
She who knew the Father's grace  
taught her Son to know God's face.  
Blessed be the name of Mary,  
she who trusted the love of God.

Let us sing the praises of Mary,  
friend of the poor in ev'ry age,  
she who saw her Son and her Savior  
risen in glory from the grave.  
Sin and death shall reign no more;  
Christ has opened heaven's door.  
Blessed be the name of Mary,  
she who trusted the love of God.

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### Offertory Hymn: Chant Ave Maria

Ave Maria, gratia plena,  
Dominus tecum,  
benedicta tu in mulieribus,  
et benedictus fructus ventris tui, Iesus.  
Sancta Maria, Mater Dei,  
ora pro nobis peccatoribus,  
nunc et in hora mortis nostrae.  
Amen.



### Communion Hymn: Pan de Vida by Bob Hurd

Pan de Vida, Cuerpo del Señor, Cup of blessing, Blood of Christ the Lord. At this table the last shall be first, poder es servir, porque Dios es amor.

1. We are the dwelling of God, fragile and wounded and weak. We are the body of Christ, called to be the compassion of God.

Pan de Vida...

2. Ustedes me llaman 'Señor,' me inclino a lavarles los pies: Hagan lo mismo, humildes, sirviéndose unos a otros.

Pan de Vida...

3. There is no Jew or Greek, there is no slave or free: there is no woman or man; only heirs of the promise of God.

*Text: John 13:1-15; Galatians 3:28-29; by Bob Hurd and Pia Moriarty. Text and music © 1988, Bob Hurd. Published by OCP. All rights reserved.*

### Closing Hymn: Santa María del Camino

Juan A. Espinosa

1. Mientras recorres la vida  
tú nunca solo estás;  
contigo por el camino  
Santa María va.

Estrillo (Refrain)

Ven con nosotros al caminar;  
Santa María, ven.  
Ven con nosotros al caminar;  
Santa María, ven.

2. Aunque te digan algunos  
que nada puede cambiar,  
lucha por un mundo nuevo,  
lucha por la verdad.

3. Si por el mundo los hombres  
sin conocerse van,  
no niegues nunca tu mano  
al que contigo está.

4. Aunque parezcan tus pasos  
inútil caminar,  
tú vas haciendo caminos:  
otros los seguirán.

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**Primera lectura: Bar 4, 5-12. 27-29**

"¡Ánimo!, pueblo mío,  
tú que llevas el nombre de Israel.  
Ustedes fueron vendidos a los paganos,  
pero no para ser destruidos;  
por haber provocado la ira de Dios  
fueron entregados a sus enemigos.  
Provocaron la indignación de su Creador,  
ofreciendo sacrificios a los ídolos y no a Dios;  
han olvidado al Dios eterno, que los alimentó,  
y han entristecido a Jerusalén, que los crió.

Cuando Jerusalén vio venir sobre ustedes la ira de Dios, dijo:  
'Escuchen, ciudades vecinas de Sión:  
Dios ha mandado sobre mí una gran desgracia:  
he visto que desterraban a mi pueblo, a mis hijos e hijas,  
por orden del Eterno.  
Yo los había criado con júbilo  
y los he dejado partir con llanto.  
Que nadie vuelva a alegrarse conmigo,  
porque soy viuda y estoy abandonada.  
Por los pecados de mis hijos me encuentro sola,  
pues se apartaron de la ley de Dios'.  
Pero tengan ánimo, hijos míos, e invoquen al Señor,  
porque el que les envió estas desgracias se acordará de ustedes.  
Así como un día se empeñaron en alejarse de Dios,  
así vuélvanse ahora a él y búsqüenlo con mucho mayor empeño,  
pues el que les mandó todas estas desgracias les dará también con su salvación la eterna alegría".

**Responsorial Psalm: Ps 69:33-35, 36-37**

**R. (34) The Lord listens to the poor.**

Se alegrarán al ver al Señor los que sufren;  
quienes buscan a Dios tendrán más ánimo,  
porque el Señor jamás desoye al pobre  
ni olvida al que se encuentra encadenado. **R**

Ciertamente el Señor salvará a Sión,  
reconstruirá a Judá;  
la heredarán los hijos de sus siervos,  
quienes aman a Dios la habitarán. **R**

**Alleluia: See Mt 11:25**

**R. Alleluia, alleluia.**

Te doy gracias, Padre, Señor del cielo y de la tierra,  
porque has revelado los misterios del Reino  
a la gente sencilla.

**R. Alleluia, alleluia.**

**Gospel: Lk 10:17-24**

The seventy-two disciples returned rejoicing and said to Jesus,  
"Lord, even the demons are subject to us because of your name."  
Jesus said, "I have observed Satan fall like lightning from the sky.  
Behold, I have given you the power 'to tread upon serpents' and scorpions and upon the full force of the enemy and nothing will harm you.  
Nevertheless, do not rejoice because the spirits are subject to you,  
but rejoice because your names are written in heaven."  
At that very moment he rejoiced in the Holy Spirit and said,  
"I give you praise, Father, Lord of heaven and earth,  
for although you have hidden these things from the wise and the learned you have revealed them to the childlike.  
Yes, Father, such has been your gracious will.  
All things have been handed over to me by my Father.  
No one knows who the Son is except the Father, and who the Father is except the Son and anyone to whom the Son wishes to reveal him."  
Turning to the disciples in private he said,  
"Blessed are the eyes that see what you see.  
For I say to you,  
many prophets and kings desired to see what you see,  
but did not see it,  
and to hear what you hear, but did not hear it."

**OCTOBER 8, XXVII SUNDAY IN ORDINARY TIME**

**Entrance: The God of All Grace by Ricky Manalo, CSP**

Refrain: The God of all grace has blessed us this day,  
All of creation joins us in praise;  
Lifting our voices, lifting our hearts to the glory of God  
forever!

1. God of power and might, come into our presence this day. Strengthen us now with a spirit of faith; we gather in your name.
2. God of mercy and truth, who brings us from night into day, Nourish our lives with a spirit of hope and shield us from all fear.
3. All the gifts of the Lord shall flow from the glory of God. Let us proclaim all the wonders we've seen: give thanks, rejoice and sing!

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**Offertory: Love Goes On by Bernadette Farrell**

1. Love is patient, love is kind, never ending, never ending; Slow to anger, rich in mercy, love goes on beyond all time.
2. Love is faithful, love is true, ever joyful and forgiving; love endures when life is over, love is old and love is new.
3. Love alone has shaped our soul, and our hearts are always restless until love becomes our purpose, new creation to unfold.
4. Love our journey, love our goal. Though our faith may move the mountains, love alone can heal the broken; only love will make us whole.
5. Love, our Savior's one command: "Love the way that I have loved you," With a towel and a basin, washing feet with servant hands.
6. There are three gifts that remain when all other things have perished. Only faith, hope, love enduring, and the greatest gift is love.

Text: Based on 1 Corinthians 13, John 13. Text and music ©2004, 2012. Bernadette Farrell. Published by OCP. All rights reserved.



**Communion: Take and Eat by Michael Joncas**

Refrain: Take and eat; take and eat: this is my Body given up for you. Take and drink; take and drink: this is my Blood given up for you.

1. I am the Word that spoke and light was made; I am the seed that died to be reborn; I am the bread that comes from heav'n above; I am the vine that fills your cup with joy.
2. I am the way that leads the exile home; I am the truth that sets the captive free; I am the life that raises up the dead; I am your peace, true peace my gift to you.
3. I am the Lamb that takes away your sin; I am the gate that guards you night and day; you are my flock you know the shepherd's voice; you are my own: your ransom is my blood.
4. I am the cornerstone that God has laid; a chosen stone and precious in his eyes; you are God's dwelling place, on me your rest; like living stones, a temple for God's praise.
5. I am the light that came into the world; I am the light that darkness cannot hide; I am the morning star that never sets; lift up your face, in you my light will shine.
6. I am the first and last, the Living One; I am the Lord who died that you might live; I am the bridegroom, this my wedding song; you are my bride, come to the marriage feast.

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**Recessional: Laudate, Laudate Dominum by Christopher Walker**

Refrain: //: Laudate, laudate Dominum, omnes gentes, laudate Dominum. Exsultate, jubilate per annos Domini, omnes gentes ://

1. In the faith of Christ we walk hand in hand, light before our path as the Lord has planned; shining the torch of faith in our land: in the name of Christ Jesus.
2. In the name of Christ we will spread the seed; share the Word of God with all those in need, faithful in thought and word and deed: in the name of Christ Jesus.
3. In the pow'r of Christ we proclaim one Lord. All who put on Christ are by faith restored; sharing new life, salvation's reward: in the name of Christ Jesus.

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**Primera lectura: Is 5, 1-7**

Voy a cantar, en nombre de mi amado,  
una canción a su viña.

Mi amado tenía una viña  
en una ladera fértil.

Removió la tierra, quitó las piedras  
y plantó en ella vides selectas;  
edificó en medio una torre  
y excavó un lagar.

Él esperaba que su viña diera buenas uvas,  
pero la viña dio uvas agrias.

Ahora bien, habitantes de Jerusalén  
y gente de Judá, yo les ruego,  
sean jueces entre mi viña y yo.

¿Qué más pude hacer por mi viña,  
que yo no lo hiciera?

¿Por qué cuando yo esperaba que diera uvas buenas,  
las dio agrias?

Ahora voy a darles a conocer lo que haré con mi viña;  
le quitaré su cerca y será destrozada.  
Derribaré su tapia y será pisoteada.  
La convertiré en un erial,  
nadie la podará ni le quitará los cardos,  
crecerán en ella los abrojos y las espinas,  
mandaré a las nubes que no lluevan sobre ella.

Pues bien, la viña del Señor de los ejércitos  
es la casa de Israel,  
y los hombres de Judá son su plantación preferida.  
El Señor esperaba de ellos que obraran rectamente  
y ellos, en cambio, cometieron iniquidades;  
él esperaba justicia  
y sólo se oyen reclamaciones.

**Salmo Responsorial: Salmo 79, 9 y 12. 13-14. 15-16. 19-20**  
**R. (Is 5, 7a) The vineyard of the Lord is the house of Israel.**

Señor, tú trajiste de Egipto una vid,  
arrojaste de aquí a los paganos y la plantaste;  
ella extendió sus sarmientos hasta el mar,  
y sus brotes llegaban hasta el río. **R.**

Señor ¿por qué has derribado su cerca  
de modo que puedan saquear tu viña los que pasan,  
pisotearle los animales salvajes,  
y las bestias del campo destrozarla? **R.**

Señor, Dios de los ejércitos, vuelve tus ojos,  
mira tu viña y visítala;  
protege la cepa plantada por tu mano,  
el renuevo que tú mismo cultivaste. **R.**

Ya no nos alejaremos de ti:  
consérvanos la vida y alabaremos tu poder.  
Restablécenos, Señor, Dios de los ejércitos,  
míranos con bondad y estaremos a salvo. **R.**

**Reading 2: Phil 4:6-9**

Brothers and sisters:

Have no anxiety at all, but in everything,  
by prayer and petition, with thanksgiving,  
make your requests known to God.

Then the peace of God that surpasses all understanding  
will guard your hearts and minds in Christ Jesus.

Finally, brothers and sisters,  
whatever is true, whatever is honorable,  
whatever is just, whatever is pure,  
whatever is lovely, whatever is gracious,  
if there is any excellence  
and if there is anything worthy of praise,  
think about these things.

Keep on doing what you have learned and received  
and heard and seen in me.

Then the God of peace will be with you.

**Aclamación antes del Evangelio: Cfr Jn 15, 16**

**R. Aleluya, aleluya.**

Yo los he elegido del mundo, dice el Señor,  
para que vayan y den fruto, y su fruto permanezca.

**R. Aleluya.**

**Evangelio: Mt 21, 33-43**

En aquel tiempo, Jesús dijo a los sumos sacerdotes y a los  
ancianos del pueblo esta parábola: "Había una vez un propietario  
que plantó un viñedo, lo rodeó con una cerca, cavó un lagar en  
él, construyó una torre para el vigilante y luego lo alquiló a unos  
viñadores y se fue de viaje.

Llegado el tiempo de la vendimia, envió a sus criados para pedir  
su parte de los frutos a los viñadores; pero éstos se apoderaron  
de los criados, golpearon a uno, mataron a otro y a otro más lo  
apedraron. Envío de nuevo a otros criados, en mayor número  
que los primeros, y los trataron del mismo modo.

Por último, les mandó a su propio hijo, pensando: 'A mi hijo lo  
respetarán'. Pero cuando los viñadores lo vieron, se dijeron unos  
a otros: 'Éste es el heredero. Vamos a matarlo y nos quedaremos  
con su herencia'. Le echaron mano, lo sacaron del viñedo y lo  
mataron.

Ahora, díganme: cuando vuelva el dueño del viñedo, ¿qué hará  
con esos viñadores?" Ellos le respondieron: "Dará muerte  
terrible a esos desalmados y arrendará el viñedo a otros  
viñadores, que le entreguen los frutos a su tiempo".

Entonces Jesús les dijo: "¿No han leído nunca en la Escritura: La  
piedra que desecharon los constructores, es ahora la piedra  
angular. Esto es obra del Señor y es un prodigio admirable?

Por esta razón les digo que les será quitado a ustedes el Reino de  
Dios y se le dará a un pueblo que produzca sus frutos".

**Oct. 9. 2023 – Monday, Mass of the Holy Family**

**Entrance: One, Spirit, One Church**

Refrain: We are a pilgrim people,  
we are the Church of God.  
A family of believers,  
disciples of the Lord.  
United in one spirit,  
ignited by the fire.  
Still burning through the ages,  
still present in our lives.

1. Come, Holy Ghost, Creator blest,  
and in our hearts take up thy rest;  
come with thy grace and heav'nly aid  
to fill the hearts which thou hast made.

2. O Comforter, to thee we cry,  
thou gift of God sent from on high.  
Thou font of life and fire of love,  
the soul's anointing from above.



*Text: Refrain, Maryanne Quinlivan, OSU, © 1990, Ursuline Academy of Cleveland. Published by OCP. All rights reserved. Verses fr. Veni, Creator Spiritus; attr. to Rabanus Maurus, 776-856; tr. by Edward Caswall, 1814-1878, alt. Music: Refrain, Kevin Keil, ASCAP, © 1990, Kevin Keil. Published by OCP. All rights reserved.*

**Offertory: Drawn to You**

Refrain: Drawn to you, Lord, we are drawn to you,  
To the beauty of your presence in this place.  
Here for you, God, we are here for you  
As the gifts we bring become a feast of grace.  
We are drawn to you.

1. Drawn by the love that you have poured on us,  
We bring these gifts, works of our hands.  
You gather all we offer to yourself,  
Receive our prayer.
2. Drawn by the faith that you accept our gifts,  
And sanctify what we have shared.  
To make us holy by this bread and wine,  
Receive our prayer.
3. Drawn by the table you have laid for us,  
The welcome feast your heart prepares,  
The words now spoken that will make us one,  
Receive our prayer.

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**Communion: Bread of Angels**

1. Bread of angels, we receive you; with us now abide.  
Precious Jesus, manna of ages with us now reside. Panis angelicus fit panis hominum, dat panis caelicus figuris terminum.
2. Cup of mercy overflowing, fill us with your grace; wine of passion, o Son begotten, we flee to your embrace. Ores mirabilis manducat Dominum, pauper, pauper, servus, et humilis.
3. Word incarnate dwell within us; pierce our hardened hearts. Tender Jesus, love so gentle, never let us part. Te, trina Deitas unaque poscimus, Sic nos tu visita, sicut te colimus .
4. Though unworthy, we receive you, sacrament divine.  
Bread of angels accept our praises, let your glory shine!  
Per tuas semitas duc nos quo tendimus, lucem, ad lucem quam in habitas.

*English text, Curtis Stephan. Latin text, Panis angelicus by St. Thomas Aquinas, 1227-1274. Music and English text © 2002, Curtis Stephan. Published by OCP. All rights reserved.*

**Recessional: Sing of Mary, Meek and Lowly**

1. Sing of Mary meek and lowly, Virgin mother pure and mild, sing of God's own Son most holy, Who became her little child. Fairest child of fairest mother, God the Lord who came to earth, Word made flesh, our very brother, takes our nature by his birth.
2. Sing of Jesus, son of Mary, in the home at Nazareth. Toil and labor cannot weary Love enduring unto death. Constant was the love he gave her, though he went forth from her side, forth to preach, and heal, and suffer, till on Calvary he died.
3. Sing of Joseph, strong and gentle, nobly born of David's house; just and upright man of labor, whom God chose as Mary's spouse; chosen, too, as Jesus' guardian, guiding him since infancy. Holy Child of holy parents, Holy is their family.

*Text: Vss. 1,2 Roland Palmer 1891-1985, ©Estate of Roland Palmer; vs. 3 Omer Westendorf, 1916-1998*

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you

*to all the many people who helped  
make the Festival a success -  
those who prayed  
those who donated and sponsored  
those who encouraged  
those who volunteered  
those who supported in so many ways  
those who are our presenters and presiders  
those who participated  
and, especially,  
those who spent countless hours organizing,  
arranging, creating, laboring, planning, visioning,  
and... sitting in meetings  
You are in our hearts and prayers  
that the Holy Family will bless each of you abundantly!*



#### **PRAYER TO THE HELP OF CHRISTIANS**

Virgin Mary, appointed by God to be the Help of Christians, we choose you as our Mother and Protector.

We ask you to grant us your powerful protection against every danger.

Keep us all in your care, help us through life's difficulties, and intercede for us with your Divine Son, Jesus. Amen.

#### **PRAYER INVOKING THE HELP OF CHRISTIANS**

Most Holy Virgin Mary, Help of Christians,

How sweet it is to come to your feet

Imploring your perpetual help

If earthly mothers cease to remember not their children,

How can you, the most loving of all mothers, forget me?

Grant then to me, I implore you,

Your perpetual help in all my necessities,

In every sorrow, and especially in all my temptations.

I ask for your unceasing help for all who are now suffering.

Help the weak, cure the sick, convert sinners.

Grant through your intercessions many vocations to the religious life.

Obtain for us, O Mary, Help of Christians, that having invoked you on earth we may love and eternally thank you in heaven. Amen.

#### **DON BOSCO'S PRAYER TO MARY, HELP OF CHRISTIANS**

O, Mary, Most Powerful Virgin,

Great and illustrious defender of the Church,

wonderful Help of Christians,

formidable as an army in battle array,

you, who alone have overcome every heresy in the world,

in our anguish, in our combats, in our difficulties,

defend us from the Enemy

and at the hour of death,

receive our souls into Paradise. Amen.

#### **PRAYER TO MARY, HELP OF CHRISTIANS**

Mary, Help of Christians, you listen with a

Mother's love to all who look for your

guidance. I ask you to keep all those I love

in your tender care. Give me the strength

to face up to life's difficulties and protect me

from all spiritual and bodily harm.

Grant me an abundance of love

so that I too, may be a help to others, sharing

with them in their times of need, and caring

for them in their moments of distress. Amen.

Mary, Help of Christians, pray for us.

Our Father...

Hail Mary...

Glory be to the Father...

#### **MARY HELP OF CHRISTIANS PRAYER**

Mary, our Mother, You responded to the call of God with faith and courage.

Help us to express our faith with honesty.

Help us to remain faithful in difficult times.

Help us to discover meaning and purpose in the events of our lives.

Help us to find healing in times of hurt.

Help us to be gentle, reasonable, and loving in all our relationships.

Help us to be compassionate in the face of indifference.

Help us to bring joy and hope into our lives and the lives of others.

Help us to live lives of practical love. Amen.

#### **PRAYER TO ST. JOHN BOSCO**

O glorious Saint John Bosco, who in order to

lead young people to the feet of the Divine

Master and to mold them in the light of faith

and Christian morality didst heroically sacrifice

thyself to the very end of thy life and didst set

up a proper religious Institute destined to

endure and to bring to the farthest boundaries

of the earth thy glorious work, obtain also for

us from Our Lord a holy love for young people

who are exposed to so many seductions in

order that we may generously spend ourselves

in supporting them against the snares of the

Devil, in keeping them safe from the dangers

of the world, and in guiding them, pure and

holy, in the path that leads to God. Amen.

#### **TO THE FATHER & TEACHER OF YOUTH**

O St. John Bosco, Father and Teacher of Youth,

you who worked so much for the salvation of

souls, be our guide in seeking good for our

souls and the salvation of our neighbor; help

us to conquer our passions and human

respect; teach us to love Jesus in the Blessed

Sacrament, Mary Help of Christians, and the

Pope; and obtain for us from God a happy

death, so that one day we will join you in

Heaven. Amen.

#### **PRAYER TO DON BOSCO FOR OUR SCHOOLS**

Saint John Bosco, In our school, we want to

care for each other so everybody will feel

welcome. We want to develop so our dreams

will come true. We want to believe so we can

grow in understanding of the world. Help us to

become true friends with each other so

together we can achieve goals of our life.

Amen.

#### **CONFIDENCE IN GOD**

"O Lord, I know that You are my God, that I am

all Yours, and that I have no hope but in Your

goodness; so, I abandon myself entirely into

Your Hands."

#### **PRAYER TO ST. MARY MAZZARELLO**

O Saint Mary Mazzarello, in docility to God's

work in you, with creative fidelity you lived

Don Bosco's educative project. Intercede for

us with the Father that we may follow your

example and give ourselves totally to the

young.

#### **NOVENA TO SAINT DOMINIC SAVIO**

(Say the following prayers for 9 days in a row.)

Dear Saint Dominic Savio, You grew under the

supervision and care of St. John Bosco.

Witnessing the zeal of your mentor you shared

his desire to bring the Lord a great many souls.

Despite your frail and weak constitution you

devoutly waited for Holy Mass kneeling

outside your church until the doors opened,

despite rain or snow.

We ask you to look upon all young people and

inspire them to love the Blessed Sacrament as

you did.

Pray that we may all share your aversion for

sin and achieve a life of sanctity.

Jesus always spoke of His love for children and

we know that your requests will be well

received.

We humbly ask that you bring our petitions

before the Lord.

(Mention your intentions here. . .)

Saint Dominic Savio, Pray for us

Saint Dominic Savio, Pray for us.

Saint Dominic Savio, Pray for us.

Say 1 Hail Mary

#### **PRAYERS TO SAINT DOMINIC SAVIO**

**Saint Dominic Savio**, during your brief life on

this Earth, you had such a fervent desire to

become a saint. You said, "Ask Jesus to make

you a saint. After all, only He can do that."

Knowing that He granted your desire to be a

saint, I ask that you intercede on my behalf to

Jesus.(state your intention here). Saint

Dominic Savio, you once said, "I am not

capable of doing big things, but I want to do

everything, even the smallest things, for the

greater glory of God." As I go about my day,

please show me how all things I do, no matter

how small, may be used to glorify God. Amen.

**O St. Dominic Savio**, you who learned at the

school of St. John Bosco to pass in holiness all

the days of your youth, help us to imitate you

in love for Jesus, your devotion to Mary, and

your zeal for souls. Pray that we, too, by

resolving to die rather than sin may obtain our

eternal salvation. Amen.

**Saint Dominic Savio**, you who preserved your

baptismal innocence of heart, pray for us.

**O Saint Dominic Savio**, a model of purity, piety, penance and apostolic zeal for youth; grant that, through your intercession, we may serve God in our ordinary duties with fervent devotion, and attain the grace of holy joy on earth, that we may one day love God forever in Heaven. Amen

**Dear Saint Dominic Savio**, you spent your short life totally for love of Jesus and His Mother. Help youth today to realize the importance of God in their lives. You became a saint through fervent participation in the Sacraments, enlighten parents and children to the importance of frequent Confession and Holy Communion.

We desperately need your intercession to protect today's children from the snares of the world. Watch over them and lead them on the narrow road to Heaven. Ask God to give us the grace to sanctify our daily duties by performing them perfectly out of love for Him. Remind us of the necessity of practicing virtue especially in times of trial.

At a young age, you meditated on the sorrowful Passion of Our Lord. Obtain for us the grace of a fervent desire to suffer for love of Him. Amen.

**O Saint Dominic Savio**, whose short life was so pleasing to God by its joyous piety, dauntless purity and burning zeal for souls; pray for me that, following your example, I may courageously flee sin and be for all my life a friend of Jesus and Mary, so that I may join you forever in Heaven. Amen.

#### **PRAYERS DURING A VISIT TO THE BLESSED SACRAMENT**

"My Lord Jesus Christ, who for the love You bear for us remain day and night in this Sacrament, full of mercy and love, inviting, awaiting and receiving all those who come to visit you, I believe that you are present in the Sacred Host which is your Body, Blood, Soul and Divinity. I adore you humbly and thank you for all the good things you have given me, especially for having given me yourself in this Sacrament, for having given me your holy Mother Mary as my advocate and for having called me to visit you in this church. I salute your most loving Heart and I desire to do so for three reasons: 1. In thanksgiving for this great gift; 2. To atone for the injuries you have received in this Sacrament from people without faith, heretics and all bad Christians; 3. To adore you in all places where you are least honoured and most neglected in this Holy Sacrament."

#### **PRAYER BEFORE COMMUNION**

"Lord, I earnestly want you to come into my heart, so that I may never be separated from you and that you may always remain with me through your divine grace."

#### **PRAYER AFTER COMMUNION**

"If only I had the heart of the Seraphim in Heaven, so that my heart could burn forever with the love of my God who has deigned to choose my poor soul for his dwelling, for His delight! Ah, dear Jesus, how sweet and precious is this visit of Yours, this time spent with me, this union with You!"

#### **PRAYER TO LAURA VICUÑA FOR TEENS**

**Oh! Blessed Laura Vicuña**, little flower of purity, model of youth, lovely child of Our Lady, you who followed Christ to the point of heroism, hear our confident prayer. Obtain for us the graces we need. Help us, especially teenagers, to love and serve God with joy. Accompany us on our journey to holiness. Blessed Laura Vicuña, pray for us! Amen.

**O Blessed Laura Vicuña**, you who lived in imitation of Christ to a heroic degree, receive out trust-filled prayer. Obtain for us the grace we need (state your intention here)... And help us to be faithful to the will of the Father with a pure and docile heart. Grant peace and fidelity to our families. Grant also that our lives, like yours, may shine forth with coherent faith, courageous purity, attentive and caring charity for the good of our sisters and brothers. Amen

**Blessed Laura Vicuña**, you truly believed that the way we treat other people is the measure of our love for God. Pray for me, that my faith would increase, that I might seek to love God with our every thought, word, and deed and manifest this love by the way I treat my neighbor. In little and big ways, give us the love to lay down our lives for others! Amen. Blessed Laura Vicuña, pray for us.

#### **COLLECT FROM THE MASS IN HONOR OF BLESSED LAURA**

**Father of immense tenderness**, who in the adolescent Laura Vicuña united, in a marvelous way, strength of spirit and the candor of innocence, through her intercession grant us the courage to overcome the trials of life and to witness to the world the beatitude of the pure of heart. Through Our Lord Jesus Christ, your Son, who is God, and lives and reigns with you, in the unity of the Holy Spirit, for ever and ever. Amen

#### **DEVOTION TO OUR GUARDIAN ANGEL**

After each of these invocations, say the prayer to your Guardian Angel 3 times & 3 Glorias:

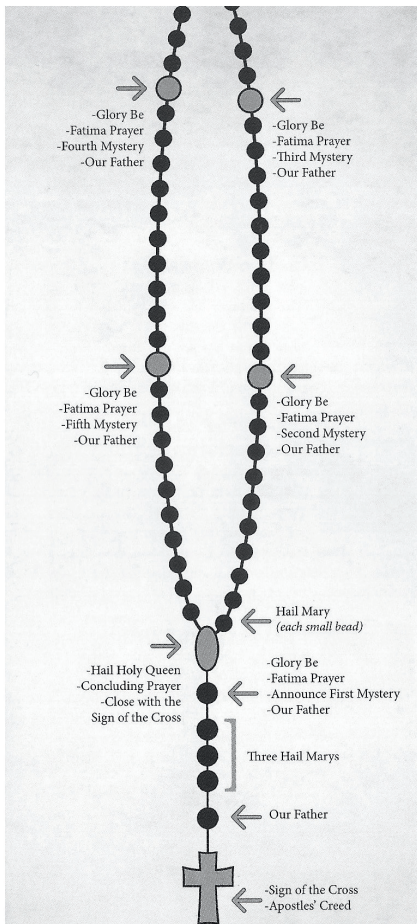
1. "My Guardian Angel, you did not disdain to take good care of me, a miserable sinner! I beseech you, animate my soul with a lively faith, firm hope and an ardent charity, so that despising the world I may think only of loving and serving God."
2. "O most noble prince of the Heavenly Court, you take such good care of my poor soul. Defend it from the snares and assaults of the devil, that I may never more offend my God."
3. "O most glorious spirit who watches over my poor soul with such tender and constant care obtain for me the grace ever to be devoted to you, and faithfully to put into practice the counsels which you suggest to my mind and inspire in my heart."
4. "O most loving guardian of my soul who humbled yourself so much in descending from heaven to minister to a creature so vile, grant that I too may obtain a love of true humility fully persuaded that I can do nothing without your help and the grace of God."
5. "O most kind spirit who labors so much for the salvation of my soul, obtain for me from God that at the end of my life my soul may pass from your hands into the loving arms of Jesus."

Prayer: "O most loving Guardian, since all you do for me in this world has no other purpose than the salvation of my soul grant I beseech you, that when I am on my deathbed, deprived of my senses, and plunged into the abyss of agony, you will protect my soul as it is about to leave my body to appear before its Creator; defend it from its enemies and lead it victorious with you to enjoy forever the glory of Paradise." Amen.

#### **COUNSELS OF ST. FRANCIS DE SALES**

##### **Be at Peace**

Do not look forward in fear to the changes in life; rather, look to them with full hope that as they arise. God, whose very own you are, will lead you safely through all things; and when you cannot stand it, God will carry you in His arms. Do not fear what may happen tomorrow; the same understanding Father who cares for you today will take care of you then and every day. He will either shield you from suffering or will give you unflinching strength to bear it. Be at peace and put aside all anxious thoughts and imaginations.



## FIVE OF THE 15 MYSTERIES OF THE HOLY SPOUSES ROSARY

### 1. The Betrothal

Before the Incarnation the immaculate virgin and the just man are wedded to each other in true married love. The mystery of the Savior's coming into the world begins with a betrothed couple whose relationship is based upon a desire to give them-selves entirely to God's love. In ways they could not know, this betrothal was part of the very plan of God. Admire their unconditional commitment to each other according to God's plan.

*Let us pray for all couples preparing for marriage—that they may see it as a call to growth in mutual holiness, love, and support.*

### 2. Annunciation to Joseph

Faced with the Incarnation, he could not presume to continue with his plans for the marriage. He could not on his own claim to act as father to the Divine Child conceived by the Holy Spirit. By no means did he wish to shame Mary or to stand in the way of the Mother of God. But God's design is for Mary's husband, the just man of the house of David, to continue with their plans to form a home together, and to name and act as father to the child conceived by the Holy Spirit. *Let us pray for couples struggling to know and do God's Will.*

### 3. Joseph Takes Mary into His Home

The Son of God depends upon a chosen human father, committed in a virginal marriage, to provide a loving, caring, and wholesome home for him. Although Joseph's action is immediate and joyful, it is not without its sacrifice. The virginity mentioned by both Matthew and Luke does not regard simply the conception of Jesus but is a condition of their beginning life together as a married couple. Their virginity in this extraordinary case does not lessen the reality of their marriage. *Let us pray that married couples practice chastity in their marriage and welcome and love the children God will send them.*

### 4. The Flight into Egypt

The Angel of the Lord spoke again to Joseph in a dream with instructions to flee to Egypt. The newborn King depends on Joseph to protect Him from the bloody earthly king. Joseph obeyed immediately without time for planning or preparation. While the immediate purpose of going to Egypt was to save Jesus from death at the hands of Herod, the Providential purpose was to show the fulfillment of God's loving plan. Jesus came out of Egypt to establish a New Covenant which made the First Covenant obsolete. *Let us pray that suffering and difficulty may never deter us from embracing the Cross in our lives.*

### 5. The Hidden Life in Nazareth

The Incarnate Son of God for thirty years lives obedient to his parents in an ordinary, hidden life of prayer, family, and work, before beginning his public ministry. Mary and Joseph secretly ponder and guard the mystery of how God sanctifies our everyday lives and calls us to holiness in the ordinary. Peacefully visualize the Holy Family at Nazareth, working, praying, studying, eating, conversing, laughing. Imagine how, amidst the various events taking place throughout their years, the Holy Spouses always have Jesus at the center of their lives. Experience Jesus, Mary, and Joseph calling you to holiness in your ordinary, everyday life. Family life is a vocation taking precedence over career. The love of husband and wife images the unity of the Three Divine Persons of the Holy Trinity. All husbands and wives are called to be Holy Spouses. As parents together, they share the noble calling of raising children and forming holy families with them. Children, especially teenagers, draw inspiration from the Son of God even when strongly pulled in contrary directions. *Help us to live hidden with Christ in God doing the ordinary with extraordinary love. In*

*particular, we pray that married couples and families may know the depth and beauty of their vocation in fulfilling God's Call.*

## LITANY OF THE HOLY SPOUSES

Lord, have mercy, **Lord, have mercy**  
 Christ, have mercy, **Christ, have mercy**  
 Lord, have mercy, **Lord, have mercy**

God our Father in heaven, **have mercy on us**  
 God the Son, Redeemer of the world...  
 God the Holy Spirit,...  
 Holy Trinity, one God,...

### Holy Mary, pray for us

Saint Joseph, ...  
 Holy Spouses, ...  
 Holy parents of Jesus, ...  
 Holy protectors of the Body of Christ,...  
 Teachers of the Holy Child, ...  
 Holy Virgins, ...  
 Spouses most loving, ...  
 Spouses most faithful, ...  
 Spouses most pure, ...  
 Spouses most just, ...  
 Spouses most obedient, ...  
 Spouses most humble, ...  
 Spouses most generous, ...  
 Models of family life, ...  
 Models for couples, ...  
 Models of parenthood, ...  
 Parents to those without parents, ...  
 Patrons of the unborn, ...  
 Models for virgins, ...  
 Lovers of poverty, ...  
 Comfort of the troubled, ...  
 Patrons of Emigrants, ...  
 Servants of the Lord, ...  
 Ministers of Salvation, ...  
 Mother and Patron of the Church, ...

Lamb of God, who takes away the sins of the world, **spare us, O Lord**  
 Lamb of God, who takes away the sins of the world, **graciously hear us, O Lord**  
 Lamb of God, who takes away the sins of the world, **have mercy on us**

Let us pray,

Holy Father, who joined together by a virginal bond the glorious Mother of your Son and the just man, Saint Joseph, that they might be faithful cooperators in the mystery of the Word Incarnate, we beseech you, that by meditating upon the mysteries of the Incarnation and hidden life of your only begotten Son, we may live in more intimate union with Christ and may walk more joyfully in the way of love, through the same Christ our Lord.

Amen.

**PRACTICAL WAY OF APPROACHING THE SACRAMENT OF CONFESSION WORTHILY BY ST. JOHN BOSCO IN *The Companion of Youth***

Dear [friends], if you do not learn how to confess well when you are young, you run the risk of never learning how to do so again during your lifetime, and as a result, of never going to Confession as you should, which will be harmful to you and could even put your eternal salvation at risk. But firstly I would like you to be convinced that anything you may have on your conscience will be forgiven in Confession, so long as you approach it with the correct dispositions.

The first of these is the examination of conscience, meaning that you go back over what you have done to find out what was good and what was sinful.

Begin by *asking the Lord to enlighten you* saying: **"My Lord Jesus Christ, my Redeemer,** I put myself at your feet and beg you to have pity and mercy on me. Enlighten me with your grace so that I may recognize my sins as I would if I were to present myself to you at the time of judgment. My God, may I detest them with true sorrow and may I be forgiven through the infinite merits of the most Precious Blood of Jesus Christ, shed for me on the Cross. Most Holy Virgin, St Aloysius Gonzaga, pray for me that I may make a good Confession."

*Examine yourself* to see whether you have spoken badly of religious matters; or if you have blasphemed, taken the Lord's name in vain. Did you attend Mass on Sundays or holy days? Have you performed works of mercy on those days or did you work instead, as is forbidden? Examine whether you have been disobedient at home, or to your teachers, or if you have answered them back. Have you acted badly in church or outside, especially through bad talk or by giving bad advice? Have you stolen anything at home or outside? Note that 'stealing' also includes the misuse of time that should be spent on things you have been asked to do. Have you thought of, listened to, done or allowed others to do or even just considered things that are dishonest? I must tell you that this examination is not only about discovering what sins, but you should also say the number of times you committed this or that other sin. For example: it is not enough to say: I disobeyed my parents, but you should add, I disobeyed them two or three times, that is give a precise or an approximate number of times you were disobedient. Do the same with other sins.

These are the main things you should examine your conscience about. But again, it is not enough just to make a good Confession. You must also *be truly sorry* and seriously consider that sin is a real evil. Sin opens up hell beneath your feet. What an evil; how terrible this is! Sin is an offence against the God who is so good to you and so loving by nature.

Your sorrow should lead you to *a good resolution*, a promise never to offend God again in future. For example: you have said bad words, or were disobedient, so if your confession is to be real you should promise the Lord that you will never commit these sins again even at the cost of suffering. After these reflections, make an act of contrition and then humbly approach your confessor, and if you need to

wait, don't waste time talking or smiling or looking around, but recollect yourself and wait until it is your turn.

I must warn you *never to remain silent about some sins in confession*. Before you sinned, the devil was telling you that doing such and such was not a bad thing; afterwards he does what he can to make you feel ashamed so you will keep quiet about it and make a sacrilegious confession. So never be afraid of what your confessor may think. He will be happy knowing that you confide in him about what you have done. You can also be certain that the priest can never tell anyone what you have confessed, nor can he make use of anything you have said even if it means his avoiding death. So courage then, and first confess the sin that weighs upon you most.

Once you have entered the confessional make the sign of the cross and say: "Bless me Father, for I have sinned." Then tell him how long it is since you last confessed and tell him the state of your conscience, giving him the number and kind of your sins. When you have finished, listen to what he tells you, and while he is giving you absolution, consider that this is precisely the moment when the blood of Jesus Christ is being shed for you. Then make a sincere act of contrition. When you have finished your confession, remain by yourself and thank the Lord for the good things he has done for you.

*After Confession*. Heartily renew the act of sorrow you made in Confession, promising the Lord that you want to do everything suggested by the confessor to avoid falling into sin again and make these three resolutions: 1. To behave very well in church; 2. To be readily obedient to your parents and to your other superiors; 3. To be ready to do all of your duties according to your state in life and that you want to work for the glory of God and the salvation of your soul.

Devoutly say this *Prayer*, "Oh my God, how grateful I should be for the mercy you have shown me in forgiving all my sins! You love me and may You love me even more if I am faithful in serving you. Oh! I really do want to make amends. I promise to avoid all occasions of sin. I will never forget that you are everywhere, and that you see and know everything I do and think. Help me and may I die rather than offend you again. Mary, my dearest mother, never let me offend my good Jesus again through sin. My guardian angel, all the saints, help me and watch over me always."

**LITANY OF THE SAINTS**

Mary, Our Help, and Joseph, **PRAY FOR US**

Michael and all Angels...  
Anne, Joachim, Elizabeth...  
Elijah, Moses, John the Baptist...  
Peter, Paul, Andrew...  
James, John, and all Apostles...  
Mary Magdalene and Philip...  
All Disciples of our Savior...  
All you holy men and women...

Stephen and Lawrence...  
Cosmas and Damian...  
Lucy, Agatha, and Agnes...  
Felicity, Perpetua...

Isaac Jogues and Companions...  
Aloysius Versiglia, Callistus Caravario...  
Joseph Kowalski and Companions...  
Joseph Calasanz and Companions...  
All you holy men and women...

Jerome and Eusebius...  
Scholastica and Benedict...  
Ambrose, Monica, Augustine...  
Martin, Gregory, and Bernard...  
Clare, Francis, and Dominic...  
Catherine, Teresa...  
Francis Xavier, Ignatius...  
Francis de Sales, Vincent de Paul...  
All you holy men and women...

Juan Diego, Rose of Lima...  
Kateri Tekakwitha...  
Martin de Porres, Peter Claver...  
Junipero Serra...  
Elizabeth Ann Seton...  
Rose Philippine Duchesne...  
Francis Xavier Cabrini...  
Katherine Drexel, John Neumann...  
All you holy men and women...

John Bosco...  
Mary Domenica Mazzarello...  
Dominic Savio...  
Laura Vicuña...  
Michael Rua...  
Philip Rinaldi...  
Magdalene Morano...  
Augustus Czarторыski...  
All you holy men and women...

Maria Romero Meneses...  
Eusebia Palomino...  
Louis Variara...  
Artemides Zatti...  
Alexandrina da Costa...  
Albert Marvelli...  
Bronislaw Markiewicz...  
Ceferino Namuncurá...  
All you holy men and women...

Lord be merciful, **SAVE YOUR PEOPLE**  
From all evil...  
From every sin...  
From everlasting death...  
By Your Incarnation...  
By Your Death and Resurrection...  
By Your Gift of the Spirit...  
Have mercy on us sinners...

Christ, hear us,  
**LORD JESUS, HEAR OUR PRAYER**

Guide & protect Your Church,  
**HEAR OUR PRAYER**  
Keep the Pope and all Clergy faithful...  
Unite all people in peace and harmony...  
Comfort the troubled and afflicted...  
Strengthen all of us...  
Keep us in your holy service...  
Jesus, Son of the Living God...  
Christ, graciously hear us...

Christ, hear us,  
**LORD JESUS, HEAR OUR PRAYER**

4. El momento del castigo debe seguir a la transgresión para que el niño asocie ambos y no repita la transgresión.

5. El castigo utilizado debe ser consistente para que el niño sepa que siempre que se rompa una regla, el castigo es inevitable. Cuando se mantiene la consistencia, es suficiente señalar las dos primeras advertencias y los niños seguramente dejarán de portarse mal.

6. Cualquier forma de castigo utilizada debe ser impersonal, es decir, resultado de violar una regla y no porque "

eres malo". Esto asegurará que el niño no interprete el castigo como causado por un defecto personal que disminuirá su propia valía.

7. El castigo debe ser constructivo para motivar un buen comportamiento en el futuro. Los castigos físicos no son el único tipo de castigo. Negarle un favor al niño o asignarle una cantidad adicional de trabajo que debe completar también pueden ser efectivos.

8. Especialmente cuando el motivo del castigo no está claro, una breve explicación puede ayudar al niño a reconocerlo como justo.

9. El castigo debe llevar a la construcción de la conciencia para ayudar a los niños a desarrollar autodeterminación y control interno.

10. El castigo nunca debe humillar, ni en palabras ni en acciones. Nunca debe ser visto como un acto de "maldad" o venganza por parte del padre. Los castigos administrados de esta manera crean en el niño heridas profundas de resentimiento que tardan años en sanar.

Tengan cuidado de no dar motivo a nadie para pensar que actúan bajo el impulso de la ira. Es difícil mantener la calma al administrar un castigo. Pero es muy necesario si no quieren dar la impresión de que simplemente están afirmando su autoridad o desahogando su ira. Veamos a aquellos sobre quienes tenemos cierta autoridad como hijos. Estemos decididos a estar a su servicio, así como Jesús vino a obedecer y no a mandar. Debemos avergonzarnos de dar la menor impresión de dominación. Solo debemos ejercer autoridad para poder servir mejor a los chicos.

...No debe haber estallidos de ira, ni miradas de desprecio, ni palabras hirientes. En cambio, como verdaderos padres, realmente interesados en su corrección y mejora, muestrenles compasión en el momento presente y ofrezcan esperanza para el futuro.

En asuntos serios, es mejor pedir ayuda a Dios en una oración humilde que hacer un largo discurso que hiera a quienes lo escuchan y no haga ningún bien a los culpables. (Cartas de Juan Bosco, 201 y 205)

#### CONCLUSIÓN:

El sistema educativo de Don Bosco sirve como un marco sabio y probado en el tiempo para todos los padres. Es intensamente desafiante y, al mismo tiempo, ampliamente gratificante. De hecho, la crianza de los hijos, de acuerdo con el método educativo de Don Bosco, es el delicado arte de crecer con tu hijo. Peter Gonsalves también es autor de "Creciendo con los jóvenes", "El arte de educar de Don Bosco - en caricatura", "Ejercicios de educación mediática" y "Ejercicios de educación para la paz":



Las tres R, del sistema educativo de Don Bosco, es decir, Rapport, Religión y Razón, no son tres principios separados. Son partes del mismo árbol de crianza que fomenta el crecimiento a través de la presencia indispensable de los padres. Esta "presencia" de los padres en la vida del niño es el epítome del sistema educativo de Don Bosco.

Curiosamente, las demandas de una cultura laboral, la locura por la movilidad económica ascendente y el deseo de vivir por encima de los medios parecen convertir la "presencia" en una rareza para los padres en la actualidad. No están fácilmente disponibles para sus hijos. Así, una madre es sustituida por la abuela o una nñera, el padre se convierte en un tío visitante y la "ausencia de presencia" se reemplaza por osos de peluche, muñecas Barbie, AK-47 de juguete y, por supuesto, la amigable televisión.

Sin embargo, la presencia en el sentido de estar físicamente en una habitación no es suficiente. Para que el rapport, la religión y la razón se vivan realmente con los hijos, los padres deben estar presentes de manera cualitativa. Esto requiere un tipo de presencia que tenga las siguientes características:

1. Una presencia motivadora: aquella que infunde entusiasmo, aliento y optimismo. La presencia de los padres infunde en el niño una sed de conocimiento a través del uso táctil de preguntas, experimentos y exposición a ambientes nuevos y educativos.

2. Una presencia personal: la presencia de los padres es tal que cada hijo se siente conocido, amado y aceptado. Esto es aún más esencial cuando se relacionan con niños con diferentes niveles de inteligencia, que son débiles, discapacitados y desfavorecidos.

3. Una presencia encarnada: como se explica en la sección sobre "rapport", amar lo que aman tus hijos o "meterle bajo su pie" tiene un propósito importante: ver el mundo a través de sus ojos hará que ellos quieran experimentar el mundo y los valores que tú vives.

4. Una presencia creativa que esté abierta a la alegría del descubrimiento. La vida es demasiado rica, demasiado preciosa, demasiado variada para experimentar entre los detalles de los libros de texto o dentro de las paredes de las aulas. Estar abierto al descubrimiento significa estar dispuesto a probar nuevas formas, nuevas soluciones y nuevas ideas. El riesgo es un ingrediente necesario de todo aprendizaje creativo.

5. Una presencia preventiva y correctiva: los niños tienden a olvidar las reglas. Estar allí con ellos ayudaría a prevenir exposiciones a daños. Además, los recordatorios oportunos ayudan. Pero, estos recordatorios deben ser respetuosos con el infractor. Se deben evitar las acusaciones, los insultos, el sarcasmo, las charlas moralizadoras y las generalizaciones. Las faltas se corrigen mejor siendo razonables, educados, basados en los hechos, firmes y directos. Si las correcciones no funcionan, por lo general, son las formas en que se dan las correcciones las que suelen ser las culpables. Pero, también podría haber otras razones como la frecuencia, el momento, la tacto y el contexto que deben ser considerados.

Una presencia que infunde miedo y castigo hace más daño que bien. Esto es humillante y puede ser manipuladamente por un padre que carece de autoestima. Los castigos a menudo son simplemente beneficios a corto plazo para satisfacer la necesidad del padre de tomar el control de una situación difícil. Rara vez resultan útiles a largo plazo. En una de sus cartas a sus Salesianos, Don Bosco aconsejó:

**"Hijos míos, ¡cuántas veces en mi larga carrera esta gran verdad me ha llegado al corazón! Es mucho más fácil enfadarse que ser paciente, amenazar a los niños en lugar de persuadirlos. Incluso diría que por lo general es mucho más conveniente para nuestra propia impaciencia y orgullo castigarlos en lugar de corregirlos pacientemente con firmeza y dulzura."** (Cartas de S. Juan Bosco, 201)

El rechazo de Don Bosco al 'sistema represivo' de educación que controlaba a los niños mediante el miedo a los castigos lo llevó a creer que era posible una educación sin castigos. Nació el sistema expresivo. Es un método educativo que busca crear un ambiente propicio para un crecimiento integral que coloque al niño en la 'imposibilidad moral de hacer lo incorrecto', tal como un médico enfatizaría la práctica de medidas preventivas de atención médica como requisito necesario para mantenerse saludable.

Pero sí, como último recurso, se necesitan administrar castigos (como a veces son inevitables), aquí hay 10 puntos importantes que los padres deben recordar.

1. El niño tiene derecho a saber lo que está bien y mal, lo que se puede hacer y lo que no se debe hacer. Los padres no deben castigar si no han comunicado la regla al niño o no han dejado claro su desaprobación de la acción ofensiva del niño.

2. No administren un castigo sin dar al menos dos advertencias al niño. Este retraso exigirá un mayor control por parte de los padres, pero les ayudará a evitar castigos erráticos y perjudiciales que luego les causarían remordimiento y culpa.

3. El castigo debe ser proporcional a la transgresión.



Un niño que está completamente inmerso en el desarrollo de su doble viaje, interno y externo, gradualmente aprende a formar ese delicado y precioso interior de su ser: su conciencia. A través de esto, él empieza a entender su lugar en el universo y a descubrir su llamado para mejorar la vida empezando con el mundo a su alrededor.

Los padres de familia tarde o temprano se percatarán de que el agotar sus energías en la búsqueda de anticipar la seguridad de su familia no compensa la simple realidad: sus hijos no son de su propiedad. Dios les regala los hijos para ser sus guardianes en colaboración con los planes que Él tiene para cada uno de ellos. Los mejores regalos para los hijos e hijas nos son enormes saldos en las cuentas bancarias ni suficientes propiedades para proveer prosperidad, si no, una relación profunda y personal con su Creador. Dicha relación es fundamental. Es el eje, el foco y el final del doble recorrido de la vida. Es fundamental porque en los momentos de soledad, duda y desasosiego de un joven (cuando mamá y papá no están cerca o cuando las finanzas de ayer ya se liquidaron) solamente un cimiento así tiene la luz guía de una respuesta.

## Parte IV RAZÓN

Don Bosco introdujo la razón como uno de los tres pilares importantes de su sistema educativo porque vio su potencial como el factor que equilibra el amor por un lado y la fe por el otro. La razón protege una relación basada en el amor para que no degenera en mero sentimentalismo o anarquía. La razón también proporciona el equilibrio necesario para preservar la fe de un creyente del fundamentalismo. La objeción planteada en la sección anterior de este artículo, sobre la religión generando una camada de fanáticos, es muy real, precisamente cuando el creyente no desarrolla suficientemente la capacidad de crear inteligentemente.

?Cómo se puede utilizar la razón de manera efectiva en el difícil arte de ser padres? Proporciona a los padres un excelente medio disciplinario para establecer reglas de comportamiento y asegurarse de que se cumplan sin recurrir a castigos.

?Cómo es esto posible?

Convertirse en padre no es simplemente un rito biológico de paso que parece natural para muchos. Convertirse en padre también significa cultivar una profundidad de autoconocimiento y autoaceptación como condición previa para el conocimiento y la aceptación del cónyuge y los hijos en el matrimonio y la vida familiar. Por ejemplo, un padre que no está contento con quién es, difícilmente estará contento con quién es su esposa o quienes son sus hijos. Esta falta básica de autoaceptación es la chispa que fácilmente fermenta la disensión y la insatisfacción en el hogar.

Por otro lado, el autoconocimiento y la autoaceptación de los padres son la base sobre la cual se pueden establecer reglas realistas y efectivas para salvaguardar un desarrollo genuino y completo en los niños.

Aquí hay algunos consejos importantes para mantener las reglas "razonables":

1. Mantén pocas o limita la espontaneidad.
2. Mantén reglas simples.
3. Es mejor involucrar al niño en su formulación, especialmente si ha alcanzado los 7 años, la "edad de la razón". Esto les ayudará a comprender el "propósito" de la regla.
4. Comunicalas claramente con recordatorios táctil de vez en cuando. (Teniendo en cuenta que los niños son naturalmente olvidadizos)
5. Las reglas tienen un valor funcional. Son solo una ayuda para cumplir un propósito fuera de sí mismas. Es importante ver el panorama general, especialmente cuando las reglas se rompen.
6. Las reglas deben implementarse con firmeza, aunque la flexibilidad ocasional ayuda.
7. Si estuvieras en el lugar de tu hijo, ¿tú mismo seguirías la regla que has establecido? Si tu respuesta es "no", debes reconsiderarlo.

Cuando las reglas se hacen sin un entendimiento adecuado, sin autoconocimiento o conocimiento del niño, los padres pueden cometer errores al usar estas mismas reglas como defensas detrás de las cuales ocultar sus propias inseguridades y complejos. Los padres que no conocen o aceptan a sus hijos como son tienden a imponer reglas que son extrañas a la constitución psicológica de los jóvenes. Regañar o recordar constantemente momentos en que se rompieron las reglas es un mal uso del don de la razón. El regaño puede obstaculizar una relación sana entre padres e hijos y puede frenar el crecimiento.

La convicción de Don Bosco sobre la importancia de las reglas en la educación de los jóvenes debe verse en el contexto de los otros dos principios de su sistema educativo, que ya hemos mencionado, es decir, el rapport y la religión. Solo cuando los tres principios están equilibrados, se producirá la autoexpresión y la libertad para crecer. Los padres estarán felices de estar con sus hijos, así como los niños se sentirán como en casa en compañía de sus padres. La combinación de Rapport, Religión y Razón en la educación familiar garantiza el crecimiento y desarrollo completo del niño.

Pero se puede objetar. ¿No son suficiente las relaciones humanas? ¿Por qué hablar de religión a mis hijos cuando hoy, más que nunca, la religión es utilizada para dividir a la humanidad? ¿No es suficiente educar en un amor profundo por la humanidad?

Esta objeción es válida considerando que todas las religiones han tenido su número de fanáticos y fundamentalistas que han estado dispuestos a matar en el nombre de Dios. El temor de que la religión se convierta en un instrumento de odio es una posibilidad real si se ignora a la razón, es por eso que Don Bosco daba igual importancia al uso de la razón y a la religión, un punto que discutiremos en la cuarta sección de este artículo.

La verdadera religión, la que entendía Don Bosco, es una religión que saca lo mejor de nuestra naturaleza humana con el fin de dirigirnos a una forma de vida más amorosa y generosa. Para aplicar este principio a la vida de familia, los padres deben enfrentar algunas preguntas fundamentales: ¿Cómo se puede garantizar que el amor que los padres tienen por sus hijos no es realmente un camuflaje de algún afecto que está profundamente contaminado de interés personal? Muchos padres creen que quieren lo mejor para sus hijos, pero terminan obligándolos a ser la copia soñada de alguna fantasía personal no alcanzada. O, cómo pueden los padres estar seguros de que su hijo, su felicidad conyugal y el fruto de años de sacrificio, no sea algún día, como resultado de acontecimientos terribles, la maldición de sus últimos años. ¡Solo Dios lo sabe!

Y sí, Dios lo sabe. Es por eso que, para Don Bosco, la educación no se puede reducir simplemente a una pedagogía humana. Tiene que ir mucho más profundo. Para él, la verdadera educación es una espiritualidad que busca inculcar en el corazón y en la mente del niño un profundo sentido de confianza en el amor incondicional de Dios por la humanidad. La verdadera educación despierta en el niño agradecimiento por la vida, un sentido del deber y un reto al servicio generoso

Vida: Los padres de familia deben hacer los esfuerzos para ser promotores de vida no negadores de vida. Los jóvenes tienden a vivir la vida como una fiesta. Música, teatro, bailes, juegos, deportes, artes, manualidades, todas estas son maneras de celebrar la vida y tienen un espacio importante en la vida de los niños. Pero, igual de importante son las actitudes que enriquecen la vida como la gratitud, el reconocimiento, el gozo, el optimismo, el motivarse unos a otros, el respeto por la creación, el respeto a otros, la sensibilidad por la paz, la tolerancia y la justicia. En el proceso de aprendizaje y crecimiento, las ideas, talentos y energías son todas importantes. Nada se desperdicia, ninguno se subestima. Cada uno respeta al otro y se gana su respeto. Se buscan las formas de superar las dificultades y los retos se enfrentan con confianza, participación y perdón en el espíritu de unión familiar.

La vida: Los padres de familia deben hacer esfuerzos para ser promotores de vida y no, negadores de vida. Los jóvenes tienden a vivir la vida como una fiesta. Música, teatro, bailes, juegos, deportes, artes, manualidades, todas estas son maneras de celebrar la vida y tienen un espacio importante en la vida de los niños. Pero, igual de importante son las actitudes que enriquecen la vida como la gratitud, el reconocimiento, el gozo, el optimismo, el motivarse unos a otros, el respeto por la creación, el respeto a otros, la sensibilidad por la paz, la tolerancia y la justicia. En el proceso de aprendizaje y crecimiento, las ideas, talentos y energías son todas importantes. Nada se desperdicia, ninguno se subestima. Cada uno respeta al otro y se gana su respeto. Se buscan las formas de superar las dificultades y los retos se enfrentan con confianza, participación y perdón en el espíritu de unión familiar.

*El deber:* La vida es más que diversión y celebración. La vida es amar que los hijos deben aprender a tragar es la dedicación al deber. «Lo que cultives, cosecharás». La inversión del tiempo en el estudio, el dedicarse a cumplir los deberes propios y hacerlos bien, son tareas que deben aceptarse con alegría como la santa voluntad de Dios. Es una voluntad que madura a medida que disciplina y redundante en el propio crecimiento y mejora. La rutina es una parte esencial de esta disciplina, así como también el trabajo duro y la perseverancia. Para los jóvenes es difícil aceptar esto porque están atrapados por la cultura actual de la tecnología la cual se alimenta del sensacionalismo que tienta y seduce con trucos y formas de mercadeo cada vez más novedosos. La llamada al deber, sin embargo, es insustituible y no hay atajos para alcanzar la felicidad. Vale la pena recordar el consejo de Don Bosco al ferviente Domingo Savio quien quería alcanzar la santidad por medio de una lista de sacrificios y mortificaciones: «Para nosotros la santidad significa hacer nuestros deberes diarios con alegría». Solo debemos empezar a poner en práctica este principio en la secuencia del minuto a minuto de cada día, para darnos cuenta del reto que existe en la escondida austeridad.

*El servicio:* Los padres de familia deben estar atentos a la doble naturaleza del crecimiento interior de sus hijos. Una es interna, principalmente el recorrido interior hacia el descubrimiento de Dios, relacionándose con Él en la oración, y la lucha diaria para ser feliz en el cumplimiento de los propios deberes. La otra, de igual importancia, es el recorrido hacia el exterior para convertir el mundo alrededor en uno mucho mejor al actual. A menudo, los padres tienden a descuidar el desarrollo de este segundo aspecto de ser religiosos. Al hacerlo crean hijos contentos con ellos mismos, con alto autoestima y autosuficiencia, pero con un alto grado de esnobismo y avaricia.

Don Bosco estaba alerta a la importancia de abrir el corazón y la mente de los niños hacia aquellos menos afortunados. En una época en la que todos huían de las áreas afectadas por la plaga de 1844, él hizo lo imposible. Envío a sus niños adoloscetes en una misión para asistir a los afectados por la plaga, con un escapulario de la Virgen María alrededor del cuello de cada uno de sus estudiantes. ¡Dice la historia que ninguno se contagió!

en la unión familiar y probado sobre las rodillas. comunión completa unos con otros y con el mundo que los rodea. En efecto, el sistema educativo de Don Bosco está profundamente centrado en la unión familiar y probado sobre las rodillas. En efecto, el sistema educativo de Don Bosco está profundamente centrado en la unión familiar y probado sobre las rodillas. En efecto, el sistema educativo de Don Bosco está profundamente centrado en la unión familiar y probado sobre las rodillas.

Don Bosco, al contrario, enseña la raíz de las causas de la verdadera felicidad: un ardiente seguimiento a la voluntad de Dios a medida que vivimos nuestras vidas con fe y acorde a un plan moral. El amor a Dios y al prójimo empiezan en el hogar con la oración de la familia. Uno de los momentos pico de la unión familiar es el momento que cada familia aparta para alabar, adorar, agradecer y pedir a Dios. Solamente de esta manera los padres lograrán fomentar en sus hijos una relación que irá más allá del sentirse bien en la compañía mutua, a estar realmente en comunión completa unos con otros y con el mundo que los rodea. En efecto, el sistema educativo de Don Bosco está profundamente centrado en la unión familiar y probado sobre las rodillas.

Hoy en día es fácil ser influenciado por las imágenes de felicidad que presentan los medios de comunicación. Riqueza, influencias, fama, apariencias, son todos criterios populares para alcanzar el éxito. Los padres de familia son persuadidos por estas interpretaciones superficiales de la vida y en ocasiones inducen a sus hijos a unirse a la búsqueda desesperada de la olla de oro y el glamur.

## RELIGION Parte III

*Creatividad:* Dado que el amor está lleno de sorpresas, los padres se harán querer por sus hijos con un afán vivo y creativo de sorprenderlos y así mantener su entusiasmo por vivir. Los picnics, las excursiones, el fomento de la iniciativa, el desarrollo de talentos son partes esenciales de la educación. Fomentan la creatividad, refuerzan la autoestima positiva, fomentan la participación y el compartir y mantienen viva la convivencia familiar.

*Autoestima:* que es la base para una vida madura. Autoestima, que es la base para una vida madura. Autoestima, que es la base para una vida madura.

*Apresiasión:* La tarea de atraerlos más allá de sí mismos, se basa firmemente en una apreciación de quienes ya son. Esto significa alentarlos a que se sientan orgullosos de sí mismos, de sus rasgos físicos, de su interés y sus talentos. Esto también significa no compararlos con los demás, una tentación común para la mayoría de los padres. El aprecio exige la aceptación de los niños tal como son para que aprendan la autoestima, que es la base para una vida madura.

*Disponibilidad:* Llegar a donde los jóvenes se sienten más a gusto es una forma segura de ganar su respeto y amor. Esto significa pasar tiempo, estar con ellos en su juego y alentarlos en lo que valoran.

*Escuchar:* Para amar lo que aman los jóvenes, los padres primero deben escuchar las cosas que dicen, las cosas que no dicen, las cosas que tienen miedo de decir y las cosas que ellos mismos dan por sentadas. La observación y las buenas habilidades de escucha son importantes porque ayudarán a los padres a descubrir y anticipar las necesidades de sus hijos.

*¿Cómo se prepara el terreno para generar confianza?* Como se prepara el terreno para generar confianza? Como se prepara el terreno para generar confianza? Como se prepara el terreno para generar confianza? Como se prepara el terreno para generar confianza? Como se prepara el terreno para generar confianza?

sigan. Todos los padres sabrán que llegar a esta profundidad de confianza requiere mucho tiempo, paciencia y humildad. esa relación de confianza, los niños casi siempre están dispuestos a escuchar y a vivir de acuerdo con los valores que sus padres quieren que de vivir por valores. "Mis padres son mis mejores amigos" es uno de los raros cumplidos que los padres pueden recibir de sus hijos. Dentro de la relación padre-hijo, y la demanda de los padres, "Para él, la relación es cronológicamente lo primero y es tan importante como la exigencia ellos. El consejo de Don Bosco " Amar lo que ellos aman, para que ellos amen lo que tú amas" Subraya ese vínculo importante entre la Desgraciadamente, queremos que vivan estos valores que apreciamos sin antes asegurarnos de establecer una relación de confianza con hijos: queremos que trabajen, que estudien, que sean más responsables, que oren, que sean puntuales, que sean honestos... que puedan comenzar a valorar las cosas que tú como padres valoras. Muy a menudo, los adultos tendemos a rebajar los valores a nuestros Pero este tiempo y energía en "Amar lo que aman" o " hacerles saber que los amas" es un propósito, es decir que puedan amar lo que amas, preocupación por su interés.

interesan a tus hijos. Don Bosco decía: " No basta con amar a los niños, los niños deben saber que los amas". Esto se realiza en su significa comprar más juguetes o inscribir a tu hijo en más actividades y competencias. Simplemente significa estar interesado en las cosas que tu hijo ame lo que tú amas". Lo que se propone es un método que fascine a los niños: el juego, la música, la fantasía, el deporte... De ningún modo Pero? Como establecen los padres Relación? Los principios de Don Bosco proponen iniciar lazos de unión "Ama lo que tu hijo ama, para que rápido de las personas que amamos. Aprendemos más rápido porque somos amados. Una atmósfera de confianza y aceptación es la clave Si un ambiente abierto es crucial para el proceso de aprendizaje, establecer una relación es su fundamento indispensable. Aprendemos más para un crecimiento saludable. Este es lugar para que los padres comiencen: amarse entre sí y amar a sus hijos.

## RELACION

de todos los credos y culturas encuentren en ellos un faro de sabiduría que los lleve a través de las tormentas y tempestades del diario vivir. Las raíces de los principios invisibles del sistema de expresión de Don Bosco son "Relación", "Religión" y la Razón", mientras que el tronco o cuerpo visible de este método educativo es la "Presencia". Estos son los cuatro principios de su sistema educativo. Se espera que los padres

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El Padre Peter Gonsalves de la Inspectoría Salesiana de Mumbai es actualmente el Decano de la Facultad de Ciencias de la Comunicación Social (FSC) en nuestra Universidad Pontificia Salesiana [Universita Pontificia Salesiana (UPS)] en Roma. El Rector Mayor de los Salesianos nombró al Padre Gonsalves decano del FSC el 24 de septiembre de 2015. Es el primer no europeo en ocupar ese cargo en el FSC, que se estableció en 1988. Gonsalves fue pionero en la educación en medios en India desde 1984. Es analista de investigación de comunicación, de la comunicación no verbal/sastreía de Mahatma Gandhi. El 12 de abril, el Papa Francisco lo nombró como uno de los trece nuevos consultores de la Secretaría de Comunicaciones Sociales del Vaticano.

*Nótese bien\_ Padre Pedro ha asignado nuevos términos a los tradicionales del "Sistema Preventivo de San Juan Bosco": El término "Simpatía" reemplaza al de la "bondad amorosa" en el trinomio familiar de: "Razón, Religión, Bondad-Amorosa "Relación" es la "tercera" "R" del trinomio del P. Peter. Además, le da una nueva nomenclatura a nuestro familiar "Sistema Preventivo", llamándolo, en cambio, el "Sistema Preventivo de San Juan Bosco". Por último, denota "Asistencia Salesiana" como "Presencia".*

## Parte 1

La crianza de los hijos es una de las tareas más desafiantes que enfrentan los padres del siglo XXI. Sus casas se quedan repentinamente desprovistas de paredes al encontrarse ellos mismos y sus hijos expuestos a ideas y opiniones que soplan desde todos los rincones y que rara vez se responsabilizan de las consecuencias que tienen en la vida de sus destinatarios.

En este artículo de seis partes deseo presentar muy brevemente los principios educativos de Don Bosco (1815-1888), ese santo de la Iglesia Católica aclamado por Juan Pablo II como "padre y maestro de la juventud", sobre cuya filiosofía educativa casi 2500 iniciativas para jóvenes de todo el mundo tienen su fundamento. Presento estos artículos como educador con la esperanza de que los padres de todas las religiones y culturas puedan beneficiarse de la sabiduría de Don Bosco, una sabiduría a la que tantos millones de exalumnos en todo el mundo miran con gratitud.

## El método represivo

La pedagogía de Don Bosco puede ser retitulada para nuestros tiempos como la 'pedagogía de la expresión' porque es un sistema de educación que está diseñado para permitir que el niño crezca plena y libremente en el tipo de persona que él o ella es 'destinado' a ser. El mismo Don Bosco llamó a su método educativo 'el sistema preventivo', un nombre que eligió para contrastarlo con el 'sistema represivo' de moda en su tiempo. Este último era un tipo de educación que utilizaba el miedo al castigo como base para el control. Por el contrario, el método preventivo de Don Bosco buscaba "prevenir" la necesidad misma del castigo colocando al niño en un ambiente en el que se le anima a elegir lo "bueno" en vez de lo "malo". En términos positivos, este entorno crearía una atmósfera sana, agradable y amistosa para obtener lo mejor que el niño tiene para ofrecer: la autoexpresión completa del niño.

Cuando el miedo domina una relación de crianza, el crecimiento del niño hacia la madurez se ve seriamente afectado. Las comparaciones se convierten en la norma. La autoestima y la confianza en uno mismo desaparecen. La deshonestedad prospera. Cumplir con las expectativas de los demás es lo más importante. Los niños usan máscaras. Aumenta la dependencia. Desaparece el entusiasmo. Los niños criados en ese clima nunca están seguros de sí mismos. Y si tienen éxito, su éxito es una actuación al son de sus padres.

También es importante señalar aquí que la cultura consumista ha generado formas más benignas del mismo método represivo de educación. Consiste, no en infundir miedo, sino en utilizar una especie de mecanismo de control que se basa en el "poder adquisitivo" de uno. Los padres "comprar" la obediencia de sus hijos prodigando regalos costosos y promesas tentadoras. Esta es una forma de represión que no se conocía en la época de Don Bosco, pero que, sin embargo, es sutilmente peligrosa. Aquí nuevamente las cosas se hacen, pero nunca por las razones correctas. El niño desarrolla una propensión a la codicia y al egoísmo. Comienza a creer que la única forma de vivir con éxito es "teniendo" más. Sólo más tarde el niño mimado tendrá que enfrentarse a la amarga verdad de que el éxito de tener cosas no trae, por sí mismo, la felicidad.

## Parte II

Don Bosco insiste en que la base de un sistema educativo saludable está en el establecimiento de un ambiente abierto y positivo. Su sistema de educación puede compararse con un árbol sano y robusto que se extiende generosamente alto y ancho, porque también está sólidamente enraizado en la tierra.

## HORARIO PARA GRADOS 3-5

SITIO	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
SITIO	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
<i>Consulte el calendario del evento principal</i>			
SITIO	DE LAS TINIEBLAS Y HACIA SU MARAVILLOSA LUZ	SITIO	DE LAS TINIEBLAS Y HACIA SU MARAVILLOSA LUZ
Nivel Superior	Registro	Nivel Superior	Registro
Cafetería	Desayuno en Bosco para los huéspedes del hotel y en el Santuario	Cafetería	Desayuno en Bosco para los huéspedes del hotel y en el Santuario
Estadio	Bienvenida e introducción	Estadio	Bienvenida e introducción
Teatro	Keynote: "La magia del perdón"	Teatro	Keynote: "La magia del perdón"
Aulas	Sesión 1: "Elegir ser un buen amigo"	Aulas	Sesión 1: "Elegir ser un buen amigo"
Aulas	Sesión 2: "Las abejas del tío Bernie"	Aulas	Sesión 2: "Las abejas del tío Bernie"
Cafetería	Almuerzo: Niños hasta los 18 años con sus familias	Cafetería	Almuerzo: Niños hasta los 18 años con sus familias
Aulas	"Estudio 3:16"	Aulas	"Estudio 3:16"
Aulas	"Conservación a través de la educación"	Aulas	"Conservación a través de la educación"
Quad	"Santos en ciernes"	Quad	"Santos en ciernes"
Aulas	Descanso/Juegos	Aulas	Descanso/Juegos
Campo interior	Los padres recogen a sus hijos	Campo interior	Los padres recogen a sus hijos
SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
<i>Consulte el calendario del evento principal</i>			
Aulas	"Convertirse en embajador de la Sagrada Familia" (Hacer el Rosario)	Aulas	"Convertirse en embajador de la Sagrada Familia" (Hacer el Rosario)
Teatro	Los niños se reúnen con sus padres por el resto del día	Teatro	Los niños se reúnen con sus padres por el resto del día

## HORARIO PARA PRE-K - 2º GRADO Y UNIDADES FAMILIARES

SITIO	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
SITIO	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
<i>Consulte el calendario del evento principal</i>			
SITIO	DE LAS TINIEBLAS Y HACIA SU MARAVILLOSA LUZ	SITIO	DE LAS TINIEBLAS Y HACIA SU MARAVILLOSA LUZ
Nivel Superior	Registro	Nivel Superior	Registro
Cafetería	Desayuno en Bosco para los huéspedes del hotel y en el Santuario	Cafetería	Desayuno en Bosco para los huéspedes del hotel y en el Santuario
Estadio	Bienvenida e introducción	Estadio	Bienvenida e introducción
Teatro	Keynote: "La magia del perdón"	Teatro	Keynote: "La magia del perdón"
Aulas	Sesión 1: "Puedes ser santo"	Aulas	Sesión 1: "Puedes ser santo"
Aulas	Sesión 2: "Las abejas del tío Bernie"	Aulas	Sesión 2: "Las abejas del tío Bernie"
Cafetería	Almuerzo: Niños hasta los 18 años con sus familias	Cafetería	Almuerzo: Niños hasta los 18 años con sus familias
Aulas	"Los Santos: Nuestros Amigos Celestiales"	Aulas	"Los Santos: Nuestros Amigos Celestiales"
Aulas	"Sé un buen vecino"	Aulas	"Sé un buen vecino"
Quad	"Conservación a través de la educación"	Quad	"Conservación a través de la educación"
Campo interior	Descanso/Juegos	Campo interior	Descanso/Juegos
Campo interior	Los padres recogen a sus hijos	Campo interior	Los padres recogen a sus hijos
SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR	SITIO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR
<i>Consulte el calendario del evento principal</i>			
Aulas	Blissed by Dynamic Catholic	Aulas	Blissed by Dynamic Catholic
Teatro	Los niños se reúnen con sus padres por el resto del día	Teatro	Los niños se reúnen con sus padres por el resto del día

*Nota bene: Sujeto a cambios*

## HORARIO PARA ADOLESCENTES

VIERNES	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO
6:30 - 7:45 am	Registro	Nivel Superior
7:00	Desayuno en Bosco para los huéspedes del hotel y en el Santuario	Cafetería
8:00	Bienvenida e introducción	Estadio
8:15	Keynote: "La infinita misericordia de Dios"	Stadium
9:20	Sesión 1: "Fama y mantener la fe: el ninja papal habla"	Lecture Hall/Aulas TBD
10:25 - 11:25	Sesión 2: "La magia del perdón"	Teatro
11:35 - 12:05	Almuerzo: Niños hasta los 18 años con sus familias	Cafetería
12:10 - 12:55	"Conservación a través de la educación"	Quad
1:00 - 1:40	"El sacrificio lleno de alegría del voluntariado" + "Misión posible"	Aulas
1:45 - 2:15	Concierto - "Muck Daddy: Una historia de perdón"	Estadio
2:20 - 2:50	Descanso/Juegos (Vendedor/Ministerio/Vocaciones abiertas las cabinas)	Campo inferior/gimnasio
2:50	Los padres recogen a sus hijos	Campo inferior
DOMINGO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR	SITIO
7:30 - 11:15 am	Consulte el calendario del evento principal	
11:20 - 11:50	"Hecho para el amor"	Aulas
11:55	Los niños se reúnen con sus padres por el resto del día	Teatro

## HORARIO PARA PREADOLESCENTES

VIERNES	VIGILIA DE ORACIÓN POR NUESTRAS FAMILIAS Y EL MUNDO	SITIO
6:30 - 7:45 am	Registro	Nivel Superior
7:00	Desayuno en Bosco para los huéspedes del hotel y en el Santuario	Cafetería
8:00	Bienvenida e introducción	Estadio
8:15	Keynote: "La magia del perdón"	Teatro
9:20	Sesión 1: "Misión posible"	Aulas
10:25 - 11:25	Sesión 2: "Conservación a través de la educación"	Quad
11:35 - 12:05	Almuerzo: Niños hasta los 18 años con sus familias	Cafetería
12:10 - 12:55	"Estudio 3:16"	Aulas
1:00 - 1:40	"Las abejas del tío Bernie"	Aulas
1:45 - 2:25	"Elegir ser un buen amigo"	Aulas
2:30 - 2:50	Descanso/Juegos	Campo inferior
2:50	Los padres recogen a sus hijos	Campo inferior
DOMINGO	VIVIR EL DOMINGO EN FAMILIA: LA ALEGRIA DEL AMOR	SITIO
7:30 - 11:15 am	Consulte el calendario del evento principal	
11:20 - 11:50	"Convertirse en embajador de la Sagrada Familia" (Hacer el Rosario)	Aulas
11:55	Los niños se reúnen con sus padres por el resto del día	Teatro

Nota bene: Sujeto a cambios







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VENDORS  
MINISTRIES  
VOCATIONS

ADMA	Accepting the Gift	Agape Catholic Ministries
CFRS	America Needs Fatima	Aroma Rosary
EXA-DB	Array of Hope	Blessed Be Friends Forever
EXA-FMA	Bishop Morrow Catechetical Books	Camp Bernadette/Camp Fatima
FMA	Courage International	Catholic All Year
SMI	Covenant Eyes	Catholic Concepts
SSCC	Don Bosco Children's Homes	Catholic Family Crate
SDB	Endow	Catholic Sprouts
BOOK SIGNINGS	Families of Character (virtual)	Chews Life
Allan Wright	FOCUS	Christ Medicus
Kathleen & Troy Billings	FORMED	Coffee Chick
Glenn Stanton	Project Rachel	Contemplative Heart (TAN)
Andrew & Shannon Whitmore	The Chastity Project	Di BOSCO
Donna-Marie Cooper O'Boyle	<i>Corazon Furo</i>	Dynamic Catholic Better Together
Dr. Peter Howard	Department for Persons with Disabilities	Embraced by God
Jeanne and Ben Ewing	Fr. Jerry Jecewiz	Just Love Prints
Jeff Joaquin	Encourage	Keep the Faith
Jessica Cox	Free-Filtering	Lifelong Faith
Kelly Mantoan	Hearts of Joy	MagnifikID/Magnificat
Shawn Hyland	Knights of Columbus	My Catholic Kids
Stephen J. Binz	Marriage in Christ	Mystic Monk Coffee
Sean Bryan	NFP	Ignatius Press
Kelly & Ryan Breaux	<i>Paradissus Dei</i>	Religious Art
	Paterson Diocese Catholic Charities	Saint of the Month
	Real Life Catholic	Salesiana Publishers
	Red Bird Ministries	Shining Light Dolls
	Rosary Army	Sock Religious
	Rosary Evangelization Apostolate	St. Benedict's Press <i>Love Ed</i>
	Saint Manuel Gonzalez Garcia	St. Johann Press
	Salesian Mission Procure	TAN Books
	Sisters of Mary Immaculate	The Catholic Shoppe
	Straight and Narrow	The Ruth Institute
	Studio 3:16	Word on Fire
	The Living Scripture Institute	Voyage Comics
	The Miracles of St. John Bosco	
	Theology of the Body Institute	

# Folleto de Programa y Souvenir

*De las Tunchitas  
a su muy maravillosa:  
la alegría del amor*

